

La Môme

COPPERKNOB
STEPSHEETS

拍数: 64 墙数: 2 级数: Phrased Beginner / Improver
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音乐: La môme - Maître Gims & Vianney : (Album: Ceinture Noire - iTunes)



Sequence: AA – BB - AA – BB – AA - BB

Intro: 16 count

A: 32 counts

A1: Step Turn, Step, Hold x 2

1 – 2 Step right forward, ½ turn left
3 – 4 Step right forward, hold
5 – 6 Step left forward, ½ turn right
7 – 8 Step left forward, hold

*option: Clap hands when there is hold

A2: Rock Forward, Rock Side, Rock Back, Side, Touch

1 – 2 Rock right forward, recover onto left
3 – 4 Rock right to right, recover onto left
5 – 6 Rock right back, recover onto left
7 – 8 Step right to right side, touch left beside right

A3: Side Together, ¼ Turn Left, Brush, Rocking Chair

1 – 2 Step left to left side, right beside left
3 – 4 ¼ turn left stepping left forward, brush right forward
5 – 6 Rock right forward, recover onto left
7 – 8 Rock right back, recover onto left

A4: ½ Rumba Box, Touch, Side, Together, ¼ Turn Left, Touch

1 – 2 Step right to right side, step left beside right
3 – 4 Step right forward, touch left beside right
5 – 6 Step left to left side, step right beside left
7 – 8 ¼ turn left stepping left forward, touch right beside left

B: 32 counts

B1: Out, Out, In, In x 2

1 – 2 Step right diagonally forward, step left diagonally forward
3 – 4 Step right back to center, step left beside right
5 – 6 Step right diagonally forward, step left diagonally forward
7 – 8 Step right back to center, step left beside right

B2: Right Diagonal Forward, Touch, Left Diagonal Forward, Touch, Walk Back Right, Left, Right, Left

1 -2 Step right diagonally forward, touch left beside right
3 – 4 Step left diagonally forward, touch right beside left
5 – 6 Walk back right, walk back left
7 – 8 Walk back right, walk left beside right

B3: Step kick, Back Together x 2

1 – 2 Step right forward, kick left forward
3 – 4 Step left back, step right beside left
5 – 6 Step left forward, kick right forward
7 – 8 Step right back, step left beside right

B4: Step Right Side, Kick Left Across Right, ¼ Turn Left, Touch X 2 (Two ¼ Turns Left)

- 1 – 2 Step right to right side, kick left across right
- 3 – 4 ¼ turn left stepping left forward, touch right beside left
- 5 – 6 Step right to right side, kick left across right
- 7 – 8 ¼ turn left stepping left forward, touch right beside left

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