

Oh My My, Are You Ready ?

拍数: 48 墙数: 2 级数: Improver
编舞者: Maryse Fourmage (FR) & Angéline Fourmage (FR) - July 2018
音乐: Oh My My - Summer Kennedy



Sequence : A-A-16-A-A-12 - 1 Restart

Start : 32 counts

Possibility Dance Contra

[1-8] : Chassé, ROCK BACK RECOVER, KICK BALL CROSS

1&2 Chassé side right, left, right
3-4 Rock left back, recover to right
5&6 Kick left forward, step left together, cross right over left
7&8 Kick left forward, step left together, cross right over left

[9-16] : Chassé, ROCK BACK RECOVER, KICK BALL CROSS

1&2 Chassé side left, right, left
3-4 Rock right back, recover to left
5&6 Kick right forward, step right together, cross right over right
7&8 Kick right forward, step right together, cross right over right Restart

[17-24] : Box ½ R, Rock Step, Stomp Up, Step Side

1&2& RF to R Side, Touch LF next to RF, Make ¼ R with LF to L Side, Touch RF next to LF
3&4& Make ¼ R with RF to R Side, Touch LF next to RF, LF to L side, Touch RF next to LF
5&6 RF Back with L kick FW, recover to LF, R Stomp Up next to LF
7&8 R stomp up to R side, R stomp up to R side, R stomp up next to LF

[25-32] : Sailor Step, Sailor Step, Toe Strut ½ L, Toe Strut ½ L

1&2 LF behind RF, RF to R Side, LF to L Side
3&4 RF behind LF, LF to L Side, RF to R Side
5-6 Make ½ L with L toe strut FW
7-8 Make ½ L with R toe strut back

[33-40] : Toe Strut, Scissor Cross, Toe Strut, Rock Step, Stomp

1&2& L Toe Strut to L Side, R Toe Strut over LF
3&4 LF to L Side, Cross RF behind LF, Cross LF over RF
5&6& R Toe Strut to R Side, L Toe Strut over RF
7&8 RF to R Side, Recover to LF, R Stomp next to LF

[41-48] : Chassé ¼ L, Rock Step, Chassé ¼ R, Coster Step

1&2 Make ¼ R with RF to LF Side, RF to LF, LF to L Side
3-4 RF behind LF, Recover to LF
5&6 RF to R Side, LF next to RF, Make ¼ R with RF back
7&8 LF back, RF next to LF, LF FW

NOTA : RF = Right Foot , LF = Left Foot , FW = Forward

Smile and enjoy the dance

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