You Make Me Feel So Young



拍数: 32 墙数: 4 级数: Beginner

编舞者: Roger Neff (USA) - June 2018

音乐: You Make Me Feel So Young (Glee Cast Version) - Glee Cast



Intro: 32 counts

Alt. Music: Honky Tonk Highway by Luke Combs

[1-8] LINDY TO THE RIGHT, LINDY TO THE LEFT

1&2,3-4 Chassé to R, Rock back on L, Recover on R 5&6,7-8 Chassé to L, Rock back on R, Recover on L

[9-16] SHUFFLE FORWARD, ROCK, RECOVER, SHUFFLE BACK, ROCK, RECOVER

1&2,3-4 Shuffle forward R,L,R, Rock forward on L, Recover on R

5&6,7-8 Shuffle back L,R,L, Rock back on R, Recover on L

[17-24] JAZZ BOX, JAZZ BOX WITH 1/4 TURN AND CROSS

1-2-3-4 Step R over L, Step back on L, Step to R, Step forward on L

5-6-7-8 Step R over L, Step to L, Turn ¼ to R and step on R, Step L over R

[25-32] STEP TO R, TOUCH L, KICK-BALL-CHANGE, STEP TO L, TOUCH R, KICK-BALL-CHANGE

1-2,3&4 Step to R, Touch L beside R, Kick L, Recover on ball of LF, Step on R 5-6,7&8 Step to L, Touch R beside L, Kick R, Recover on ball of RF, Step on L

NOTE: To make this dance closer to an Absolute Beginner dance, change the steps in Section 1 to R and L vines, and in Section 2 change the steps to walks forward with a kick and walks back with a touch.

Contact Roger at: lingofun@sbcglobal.net