

# Woman Amen

COPPER KNOB  
STEP SHEETS

拍数: 32      墙数: 4      级数: beginner  
编舞者: Jennifer Jones (USA) - June 2018  
音乐: Woman, Amen - Dierks Bentley



#32 count intro: Begin dance on lyrics

## Section 1: Grapevine right with touch, Grapevine left with touch

1-4            step R foot right, cross L foot behind R foot, step R foot right, touch L foot next to R  
5-8            step L foot left, cross R foot behind L foot, step L foot left, touch R foot next to L foot

## Section 2: walk forward 4 steps, 2 balance steps with claps

1-4            walk forward R foot, L foot, R foot, touch L foot next to R foot  
5,6            step L foot L, touch R foot next to L foot (clap on 14th beat)  
7,8            step R foot R, touch L foot next to R foot (clap on 16th beat)

## Section 3: walk back 4 steps, followed by Right ¼ turning jazz box

1-4            step back L foot, R foot, L foot, touch R foot next to L foot (no weight on L foot)  
5,6            cross R foot over L foot, step back on L foot  
7,8            ¼ turn step right to R side, close L foot next to R foot

## Section 4: touch R heel forward, return R next to L, touch L heel forward, return L next to R (4x)

1,2            touch R heel diagonally forward (1:00), return R foot next to L foot  
3,4            touch L heel diagonally forward (11:00), return L foot next to R foot  
5,6            touch R heel diagonally forward (1:00), return R foot next to L foot  
7,8            touch L heel diagonally forward (11:00), return L foot next to R foot

Start dance over

EASY RESTART: on wall 3 (facing back wall), restart after count 16 : CHANGE "touch" to "step" on count 16, begin dance again.

For a fun couples line dance: begin in sweetheart position and dance side by side in the line, change the turning jazz box to a front facing box

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Thank-you and enjoy the dance.

Contact: [jenjones2018dance@gmail.com](mailto:jenjones2018dance@gmail.com)

Last Update: 14 Jun 2024