

Remind Me Conrad

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Easy Intermediate
编舞者: Pauline Greenwood (AUS) - April 2018
音乐: Remind Me - Conrad Sewell : (Album: All I Know - 3:18)



(Clockwise Rotation)

Position: Feet Together Weight On Left Foot

Dance Starts After 16 Count Intro. On The Word 'Please' (12 Secs)

[1-8] BACK, ROCK, TOGETHER, FORWARD, ROCK, SHUFFLE BACK, WALK R.L.

1 2 & Step R back, Rock weight forward on to L, Step R beside L
3 4 Step L forward, Rock weight back on R,
5 & 6 Step L back, Step R beside L, Step L back,
7 8 Step R forward, Step L forward.

Restart ** wall 6

[9-16] PADDLE TURN, CROSS SHUFFLE, HALF TURN, CROSS SHUFFLE.

1 2 Step R forward, Paddle turn 1/4L, (9.00)
3 & 4 Step R across L, Step L to L side, Step R across L,
5 6 Turn 1/4R stepping L back, (*) Turn 1/4R stepping R to R side, (3.00)
7 & 8 Step L across R, Step R to R side, Step L across R.

[17-24] SIDE, BEHIND, TOGETHER, CROSS, SIDE, ROCK, BEHIND, TOGETHER, CROSS, SIDE.

1 2 & Step R to R side, Step L behind R, Step R beside L,
3 4 Step L across R, Step R to R side,
5 6 & Rock weight onto L side, Step R behind L, Step L beside R,
7 8 Step R across L, Step L to L side,

[25-32] FORWARD, TOUCH, BACK LOCK STEP, BACK, TOUCH, FORWARD LOCK STEP.

1 2 Step R back, Touch L toe beside R,
3 & 4 Step L forward, Lock step R behind L, Step L forward.
5 6 Step R forward, Touch L toe behind R,
7 & 8 Step L back, R lock step in front of L, Step L back,

REPEAT IN A CLOCKWISE ROTATION

RESTART: There is a Restart wall 6** (3.00) after count 8.

Please note on the last wall the dance slows down to fit the pace of the music.

*To end the dance on Count 13 turn Turn 1/2R stepping R forward and drag L to R. (12.00)

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