Beeswing

拍数: 40

级数: Improver

编舞者: Tina Argyle (UK) - July 2018

音乐: Beeswing - Nathan Carter : (Album: Livin' The Dream - iTunes)

Count In : 16 counts from the very first beat of the track – NB. you will have danced 6 counts (3 of the shuffles round) BEFORE singing starts

S1: 4 Shuffles Round Making ¾ Turn Left – (optional hands on hips)

- 1&2Shuffle step round turning left stepping right, left, right
- 3&4 Shuffle step round turning left stepping left, right, left
- 5&6 Shuffle step round turning left stepping right, left, right
- 7&8 Shuffle step round turning left stepping left, right, left (3 o'clock)

S2: 2 x Samba Steps. Rock fwd recover, Ball Step Back, Touch Across

- 1&2 Cross right over left, step left to left side, step right in place
- 3&4 Cross left over right, step right to right side, step left in place
- 5-6 Rock fwd onto right, recover weight back onto left
- &7,8 Step right at side of left, step back left, touch right toe over left

S3: Shuffle Fwd, 1/2 Pivot Turn, Shuffle Fwd 3/4 Pivot Turn

- 1 &2 Step forward right, close left at side of right, step forward right
- 3 -4 Step forward left, make ½ pivot turn right onto right (9 o'clock)
- 5&6 Step forward left, close right at side of left, step forward left
- 7 -8 Step forward right, make ³/₄ pivot turn left onto left (12 o'clock)

S4: Side, Behind, side, cross, Side. Sailor 1/4 Turn, Walk Forward x2 (or skip! lol)

- 1 Step right to right side
- 2&3 Cross left behind right, step right to right side, cross left over right
- 4 Step right to right side
- 5&6 Make ¼ turn left crossing left behind right, step right to right side, step slightly fwd left (9 o'clock)
- 7 -8 Walk forward right then left

S5: Switching Rock Steps Fwd. Coaster Step, ½ Pivot Turn

- 1 2 Rock forward right, recover onto left
- &3,4 Step right at side of left, rock forward left, recover weight onto right
- 5&6 Step back left, step back right at side of left, step fwd left
- 7 -8 Step forward right, make ½ left onto left (3 o'clock)

TAGS After both Tags re-start the dance from the beginning

Tag 1 At the END of wall 3 add a Right Rocking Chair facing 9 o'clock

- 1 2 Rock forward right, recover weight onto left
- 3 -4 Rock back right, recover weight onto left

Tag 2 During Wall 8 after count 18 (right shuffle fwd) add the following 2 count Tag facing 12 o'clock

1 – 2 Step forward left, brush right at the side of left

ENDING: Wall 11 dance up to count 18 (right shuffle towards 9 o'clock) then make 1/4 pivot turn right to face 12 o'clock and cross left over right.





墙数:4