

One Hot Pepper

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 1 级数: Beginner
编舞者: Lorraine Macmillan (NZ) - May 2017
音乐: He Drinks Tequila - Lorrie Morgan & Sammy Kershaw : (Album: I Finally Found
Someone - 3:09)



Start: When vocals begin

VINE RIGHT, VINE LEFT

1-4 Step right to right, left behind right, right to right, touch left beside right

5-8 Step left to left, right behind left, left to left, touch right beside left

STEP FORWARD, HIP BUMPS, HOLD, STEP FORWARD, HIP BUMPS, HOLD

9-12 Step right forward, bumping hips right, left, right, hold

13-16 Step left forward, bumping hips left, right, left, hold

FORWARD MAMBO, BACK MAMBO

17-20 Rock right forward, recover to left, step right back, hold

21-24 Rock left back, recover to right, step left forward, hold

STEP, PIVOT ½ LEFT, STEP, HOLD; STEP, PIVOT ½ RIGHT, STEP, HOLD

25-28 Step right forward, pivot turn 1/2 left, Step right forward, hold (6:00)

29-32 Step left forward, pivot turn 1/2 right, Step left forward, touch right to left (12:00)

Repeat from the beginning

Notes: 5 easy Tags: At the end of every 2nd sequence (facing front wall), do 4 hip bumps (R,L,R,L)

Restart: After 4th Tag, dance the first 8 steps (vine R and L), then Re-start.

(Can be done as a one wall dance for brand new beginners until everyone is familiar with the pattern, then changed to a 4 wall dance by making the last pivot (step 30) a 1/4 pivot instead of 1/2.)

Contact: lane.macmillan@gmail.com