

Yi Huang Jiu Lao Le

COPPER KNOB
STEPSHEETS

拍数: 64 墙数: 2 级数: Phrased Improver
编舞者: Tan Chew Heng (MY) & Adeline Chang (MY) - July 2018
音乐: Yi Huang Jiu Lao Le (一晃就老了) (DJ何鹏 Remix) - 秋裤大叔



Start after 32 counts.

Sequence : Intro/AA Tag1/BB Tag1/(Tag2 twice)/Tag1/AA Tag1/ BB Tag1/BB Tag1/Tag2/Tag1

Intro / TAG 2 :

TSec1: Jazz box ¼ R-turn x 2

1-2-3-4 Cross R over L, Step back on L, ¼ R-turn step R to R, Cross L over R (3.00)

5-6-7-8 Cross R over L, Step back on L, ¼ R-turn step R to R, Cross L over R (6.00)

TSec2: Out-Out-In-In x 2

1-2-3-4 Step fwd R to R, step fwd L to L, step back R, Step back L. (6.00)

5-6-7-8 Step fwd R to R, step fwd L to L, step back R, Step back L. (6.00)

TSec3: Jazz box ¼ R-turn x 2

1-2-3-4 Cross R over L, Step back on L, ¼ R-turn step R to R, Cross L over R (9.00)

5-6-7-8 Cross R over L, Step back on L, ¼ R-turn step R to R, Cross L over R (12.00)

TSec4: Out-Out-In-In x 2

1-2-3-4 Step fwd R to R, step fwd L to L, step back R, Step back L. (12.00)

5-6-7-8 Step fwd R to R, step fwd L to L, step back R, Step back L. (12.00)

TAG 1 : Rocking Chair x 2

1-2-3-4 Rock fwd on R, recover on L, Rock back on R, recover on L

5-6-7-8 . Rock fwd on R, recover on L, Rock back on R, recover on L

Main Dance :

A-Sec1: R-Vine, L-Vine with ¼ Turn

1-2-3-4 Step R to R, step L behind R, step R to R, touch L beside L.

5-6-7-8 Step L to L, step R behind L, ¼ L-turn step fwd L, scuff R.

A-Sec2: Rocking Chair, Paddle ¼ L-turn x 2

1-2-3-4 Rock fwd R, recover on L, Rock back R, recover on L

5-6-7-8. Step fwd R, pivot ¼ L-turn recover on L, step fwd R, pivot ¼ L-turn recover on L.

A-Sec3: Diagonally : R: Heel-together, L: Heel-together, Jazz Box Cross ¼ R

1-2-3-4 Touch R-heel diagonal to R, step back R, touch L-heel diagonally to L, step back L.

5-6-7-8. Cross R over L, step back on L, ¼ R-turn step R to R, Cross L over R

A-Sec4: R-Forward Mambo, L-Back Mambo, R-Side-Mambo, L-Side-Mambo

1&2, 3&4 Step fwd R. recover on L, Step R beside L, Step back L, recover on R, Step L beside R.

5&6, 7&8 Rock R to R. recover on L, Step R together L. Rock L to L, recover R, Step L beside R.

B-Sec1: R-Cross-recover, R-Chasse, L: Cross-recover, L-chasse

1-2, 3&4 Cross R over L, Recover on L, R-Chasse on R-L-R.

5-6, 7&8 Cross L over R, Recover on R, L-Chasse on L-R-L

B-Sec2: Step fwd, Pivot ½ L-turn weight on L, Fwd shuffle, L: Rock-recover-coaster step

1-2, 3&4 Step fwd R, pivot ½ L-turn wt on L, Shuffle fwd : R-L-R.

5-6, 7&8 Step fwd L, Recover on R. step back L, Step R together L, step fwd L.

B-Sec3: (Cross-point, Cross-point), x 2

1-2-3-4 Cross R over L, point L to L, Cross L over R, point R to R.

5-6-7-8. Cross R over L, point L to L, Cross L over R, point R to R.

B-Sec4: R-Cross mambo, L-Cross Mambo, Hip bumps

1&2, 3&4 Cross R over L, recover L, Step R beside L, Cross L over L, recover R, Step L beside R.

5&6,7&8. Step R to R & bump hips R&R, L&L.

HAPPY DANCING.!

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