

# Meraih Bintang

拍数: 160      墙数: 0      级数: Phrased Beginner  
编舞者: Mei Rizal (INA) - July 2018  
音乐: Meraih Bintang - Via Vallen



(Official theme song Asian Games 2018)

Intro 16 counts - Phrasing A B C D B\* (16) C\* C\*

A (32 counts)

## A1. DIAGONAL FORWARD, DIAGONAL BACKWARD

- 1 - 2      Step R forward out to right side, touch L beside R  
(swinging the right hand to the side of the body)  
3 - 4      Step L forward out to left side, touch R beside L  
(swinging the left hand to the side of the body)  
5 - 6      Step R back to right side, touch L beside R  
(twisting your arms outward with your elbows bent)  
7 - 8      Step L back to left side, touch R beside L (both hands stay in position)

## A2. TOUCH TO SIDE, TOUCH BESIDE, STEP TO SIDE

- 1 - 2      Touch R to right side, touch R beside L  
3 - 4      Step R to right side, touch L beside R  
5 - 6      Touch L to left side, touch L beside R  
7 - 8      Step L to left side, touch R beside L

Do A3 & A4 as A1 & A2

B (32 counts)

## B1. OUT – OUT, IN – IN (V step)

- 1 - 2      Step R forward out to right side (both hands at the side of the eye), step L forward out to left side (both hands straightened forward)  
3 - 4      Step R back to center (right hand is straight forward with the index finger raised), step L next to R (the left hand moves like a right hand)  
5 - 6      Step R forward out to right side (raise your right hand pointing up right, step L forward out to left side (raise your left hand pointing up left)  
7 - 8      Step R back to center (bring both hands to the front of the chest), step L next to R (both hands pointed upward again)

## B2. STEP TO SIDE, SWAY

- 1 - 2      Step R to right side with sway to right, transfer weight to left with sway to left  
3 - 6      Repeat 1 – 2  
7 - 8      Transfer weight to right with sway to right, touch L next to R

Do B3 & B4 as B1 & B2 in the opposite direction

C (32 counts)

## C1. STEP IN PLACE WITH MOVING BOTH HANDS

- 1 - 8      Step R & L in place with moving both hands like invites

## C2. STEP IN PLACE WITH SWINGING RIGHT HAND

- 1 - 8      Step R & L in place with swinging R hand up to right and left

Do C3 & C4 as C1 & C2

D (64 counts)

### **D1. DOUBLE STEP**

- 1 - 2                Step R to right side while crossing both hands on the shoulders, step L next to R with slide the hand to each shoulder
- 3 - 4                Step R to right side with lift both hands up, touch L next to R while bring both hands down
- 5 - 8                Step L to left side, step R next to L, step L to left side, touch R next to L  
(on 5 – 8 both hands move like rolls in front of the chest)

**Do D2 – D4 as D1**

### **D5. STEP FORWARD, STEP BALL BEHIND, FULL TURN**

- 1&                    Step R forward, step ball of L slightly behind R
- 2&3&                Repeat 1&
- 4                     Step R forward
- 5&                    ¼ turn left crossing L over R, step on ball of R slightly behind L
- 6&7&8                Repeat 5& 3 more times to make a full turn facing the front wall again

### **D6. STEP CROSS**

- 1&                    Cross R over L, step ball of L slightly to left side
- 2&3&4                Repeat 1&
- 5 - 8                Do 1&2&3&4 in the opposite direction

**Do D7 – D8 as D5 – D6**

**Noted :**

**B\* Do only 16 counts, there is a change in the last step, at the count of 16 step L next to R**

**C\* After doing 16 counts rotating direction facing left (1/4 turn left) and do it three times**

**Ending facing 12 : 00**

**Have Fun and keep the spirit !!!**

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