It'S a Beach Thang

拍数: 48

级数: Beginner

编舞者: Rick Todd (USA) - July 2018

音乐: It's a Beach Thang - Bill Coday

Shuffle Forward and Rock, Shuffle Back and Rock

- 1&2 Step forward on right. Step left next to right. Step forward on right
- 3-4 Rock forward on left, recover on right
- 5&6 Step back on left, step right next to left, step back on left
- 7-8. Rock back on right, recover on left

Walk Forward and Kick, Walk Back and Touch

- 1-4 Walk forward right, left, right, kick left
- 5-8 Walk back, left, right, left, touch right next to left

Rock Right and Cross Shuffle, Rock Left and Cross Shuffle

- 1-2 Step right to right side, recover to left
- 3&4 Cross right over left and shuffle right left right
- 5-6 Step left to left side, recover on right
- 7&8 Cross left over right and shuffle left right left

Side Shuffle Right Rock Recover, Side Shuffle Left Rock Recover (Lindy R&L)

- 1&2 Step right to right side, step left next to right, step right to right side
- 3-4 Rock back on left, recover on right
- 5&6 Step left to left side, step right next to left, step left to left side
- 7-8 Step back on right, recover on left

Two Right Kickball Changes, one Right Jazz Box making ¼ turn right

- 1&2 Kick right forward, step on ball of right foot, step left next to right
- 3&4 Kick right forward, step on ball of right foot, step left next to right
- 5-8 Cross RT over LT, step back on LT, step RT making ¼ turn RT, step LT next to RT

1/4 Monterey Turn To Right, One Right Rocking Chair

- 1-4 Touch RT to RT, bring RT back making ¼ turn RT, touch LT to LT, step LT next to RT
- 5-8 Rock forward on RT, recover LT, rock back on RT recover LT

Repeat dance...

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