

God Bless The USA

拍数: 32 墙数: 1 级数: Improver
编舞者: Rosalee Musgrave (USA) - July 2018
音乐: God Bless the U.S.A. - Lee Greenwood : (iTunes)



Introduction 16 counts

A nice performance dance. (Music speed varies – just keep with the rhythm.)

Section 1: Right Side, Rock Back, Recover, Kick, Ball Cross, Left Side, Rock Back, Recover, Kick, Ball, Cross

- 1 – 2 & Step Right to Right side, Dragging Left to Right, step ball of Left foot behind Right, Recover forward on Right
- 3 & 4 Kick Left diagonally to left, Step ball of Left behind Right, Step Right across Left
- 5 – 6 & Step Left to Left side, Dragging Right to Left, Step ball of Right behind Left, Recover forward on Left
- 7 & 8 Kick Right diagonally to right, Step ball of Right behind Left, Step Left across Right

Section 2: Rock Forward, Recover, Coaster Back, Pivot ½ Right, Triple ½ Right

- 1 – 2 Rock Right forward, Recover back on Left
- 3 & 4 Step back on Right, Step Left back beside Right, Step forward on Right
- 5 – 6 Step forward on Left, Pivot (or turn) ½ Right (transfer weight to Right)
- 7 & 8 Turning ½ Right Triple back Left, Right, Left

Section 3: Heel Jacks – R Ball, L Heel, L Ball Cross R, L Ball R Heel, R Ball Cross L, Turn ½ Left, Turn ½ L, Walk FWD R, L

- & 1 & 2 Step diagonally back on ball of Right (&), Touch Left heel to left diagonal (1) Step back on ball of Left (&), Cross Right foot over Left (2)
- & 3 & 4 Step diagonally back on ball of Left (&), Touch Right heel to right diagonal (3) Step back on ball of Right (&), Cross Left over Right (4)
- 5 – 6 Turn ½ Left stepping back on Right, Turn ½ Left stepping forward on Left

(For no turn, just walk forward Right, Left)

- 7 – 8 Walk forward Right, Walk forward Left

Section 4: Rock Forward, Recover Back, Triple ½ Right, Triple ½ Right, Rock Back, Recover Forward

- 1 – 2 Rock right forward, Recover back on left foot
- 3 & 4 Triple ½ Right (R, L, R to face 6) (Option: Triple or back lock - back R, Cross L over R, Step back on R)
- 5 & 6 Triple ½ Right (L, R, L to 12) (Option: Triple or back lock – back L, Cross R over L, Step back on L)
- 7 - 8 Rock right back, Recover forward on left

THERE IS A TAG AT THE END OF EACH WALL BEFORE THE DANCE IS REPEATED

Tag At End Of Wall 1 – Right Rocking Chair, Right Rocking Chair

- 1 & 2 & Rock Right forward, Recover back on Left, Rock ball of Right back, Recover forward on Left
- 3 & 4 & Rock Right forward, Recover back on Left, Rock ball of Right back, Recover forward on Left

Tag At End Of Wall 2 – Turn ¼ Right, Turn ½ Right, Turn ¼ Right as Chasse' R, L R, 2 Kick, Ball Cross

- 1 – 2 Turn ¼ Right stepping forward on Right, Turn ½ Right stepping back on Left
- 3 & 4 Turn ¼ Right as chasse' (to Right side) Right, Left Right
- 5 & 6 Kick Left to Left diagonal, Step on ball of Left, Cross Right over Left
- 7 & 8 Kick Left to Left diagonal, Step on ball of Left, Cross Right over Left

Turn ¼ Left, Turn ½ Left, Turn ¼ Left As Chasse' L, R, L, 2 Kick, Ball, Cross

- 1 – 2 Turn ¼ Left stepping forward on Left, Turn ½ Left stepping back on Right
3 & 4 Turn ¼ Left as Chasse' (to Left side) Left, Right, Left
5 & 6 Kick Right to right diagonal, Step on ball of Right, Cross Left over Right
7 & 8 Kick Right to right diagonal, Step on ball of Right, Cross Left over Right

Tag At End Of Wall 3 – Right Rocking Chair, Right Rocking Chair (Repeat Tag 1)

- 1 & 2 & Rock Right forward, Recover back on Left, Rock ball of Right back, Recover forward on Left
3 & 4 & Rock Right forward, Recover back on Left, Rock ball of Right back, Recover forward on Left

Tag At End Of Wall 4 (Repeat Section 3 & 4 Of Main Dance)

Heel Jacks - R Ball, L Heel, L Ball Cross R, L Ball R Heel, R Ball Cross L, Turn ½ Left, Turn ½ L, Walk FWD R

- & 1 & 2 Step diagonally back on ball of Right (&), Touch Left heel to left diagonal (1) Step back on ball of Left (&), Cross Right foot over Left (2)
& 3 & 4 Step diagonally back on ball of Left (&), Touch Right heel to right diagonal (3) Step back on ball of Right (&), Cross Left over Right (4)
5 – 6 Turn ½ Left stepping back on Right, Turn ½ Left stepping forward on Left
7 – 8 Walk forward Right, Walk forward Left

Rock Forward, Recover Back, Triple ½ Right, Triple ½ Right, Rock Back, Recover Forward

- 1 – 2 Rock right forward, Recover back on left foot
3 & 4 Triple ½ Right (R, L, R to face 6) (Option back lock - back R, Cross L over R, Step back on R)
5 & 6 Triple ½ Right (L, R, L to 12) (Option back lock – back L, Cross R over L, Step back on L)
7 - 8 Rock right back, Recover forward on left

After Tag at End of Wall 4, do the entire dance again. After counts 7 – 8 of section 4 (which is the end of the dance) step FORWARD on the RIGHT, point Left toe to front and bow!

HAPPY DANCING!!
