

All The Ways

拍数: 48 墙数: 4 级数: Intermediate
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音乐: ALL THE WAYS - MEGHAN TRAINOR



Intro: 32 counts

TOUCH RIGHT TOE FORWARD, HEEL SWIVEL, STEP TOGETHER ON RIGHT, WALK LEFT, RIGHT, TOUCH LEFT TOE FORWARD, HEEL SWIVEL, STEP TOGETHER ON LEFT, PIVOT 1/4 TURN LEFT

1&2 Touch right toe forward, swivel right heel to right side, return to centre
&3,4 Step together on right, walk left, walk right
5&6 Touch left toe forward, swivel left heel to left side, return to centre
&7,8 Step together on left, step forward right, pivot 1/4 left

RIGHT CROSS SHUFFLE, RIGHT HEEL JACK, HOLD, STEP TOGETHER ON RIGHT, LEFT CROSS SHUFFLE, LEFT HEEL JACK, HOLD

1&2 Cross right over left, step side left, cross right over left
&3,4 Step back on left, extend right heel diagonally forward, hold
&5&6 Step right together, cross left over right, step side right, cross left over right
&7,8 Step back on right, extend left heel diagonally forward, hold

STEP TOGETHER ON LEFT, RIGHT JAZZ WITH A BRUSH, LEFT TURNING JAZZ WITH A TOUCH

&1-4 Step left together, cross right over left, step back left, step side right, brush left
5-8 Cross left over right, step back right, turn 1/4 left stepping side left, touch right beside left

RIGHT DOROTHY STEP, LEFT DOROTHY STEP, SWAY RIGHT, LEFT, STEP TOGETHER ON RIGHT, FORWARD LEFT, TOUCH RIGHT BEHIND LEFT HEEL

1,2& Step forward right, lock left behind right, step forward right
3,4& Step forward left, lock right behind left, step forward left
5,6 Step diagonally forward right swaying right, sway left
&7,8 Step together on right, step forward left, touch right toe behind left heel

RIGHT LOCK BACK, JAZZ JUMP OUT LEFT, RIGHT, HOLD, JAZZ JUMP IN LEFT, RIGHT, DOUBLE KNEE POP, RIGHT MAMBO BACK

1&2 Step back right, lock left in front, step back right
&3,4 Step out left, step out right, hold
&5&6 Step in left, step in right, double knee pop forward and return (weight on left)
7&8 Rock back right, recover left, step together on right

LEFT 1/4 TURN HEEL GRIND, STEP BACK ON RIGHT, LEFT COASTER, STEP FORWARD RIGHT MAKING 1/2 TURN RIGHT, STEP BACK LEFT, ROCK BACK RECOVER

1,2 Left heel grind making 1/4 turn left, step back on right
3&4 Step back left, step together right, step forward left
5,6 Step forward right making 1/2 turn right and step back left
7,8 Rock back right, recover left

Ending: In the last sequence (6th facing 9:00) dance up to count 44 and add a right train step (rock forward recover rock back recover) to end the dance facing the front wall

Repeat and Enjoy