

19 and Crazy

拍数: 32 墙数: 4 级数: Improver
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音乐: 19 and Crazy - Bomshel



#32 counts intro, start dancing on lyrics

S1: KICK BALL CROSS, SIDE ROCK STEP, WAVE, SHUFFLE SIDE

1&2 Right kick ball cross
3-4 Right side rock step
5&6 Cross right behind left, step left to side, cross right over left
7&8 Side shuffle left-right-left

S2: WAVE, HOLD, ¼ PIVOT TURN, STEP, SCUFF

1-2-3 Cross right behind left, step left to side, cross right over left
4 Hold
5-6-7 Step left to left, turn ¼ right (weight to right), step left forward
8 Right scuff

S3: LOCK FORWARD, SCUFF, PIVOT TURN x2

1-2-3 Step right forward, lock left behind, step right forward
4 Left scuff
5-6 Step left forward, turn ½ right (weight to right)
7-8 Step left forward, turn ½ right (weight to right)

S4: JAZZ BOX, APPLEJACKS, STOMP

1-4 Cross left over, step right back, step left side, step right together
&5 Swivel left toe/right heel to left, swivel left toe/right heel to center
&6 Swivel right toe/left heel to right, swivel right toe/left heel to center
&7 Swivel left toe/right heel to left, swivel left toe/right heel to center
8 Stomp left beside right

Counts 5-7 of S4 can be replaced by....

&5 Swivel right heel inside, recover right heel to the center
&6 Swivel left heel inside, recover left heel to the center
&7 Swivel right heel inside, recover right heel to the center

TAG At the end of 2nd, 4th, 6th and 8th walls

SHUFFLE SIDE, ROCK STEP BACK, SHUFFLE SIDE, ROCK STEP BACK

1&2 Shuffle side right-left-right
3-4 Left rock step back
5&6 Shuffle side left-right-left
7-8 Right rock step back

½ PIVOT, STEP, HOLD, ½ PIVOT, STEP, STOMP UP

1-2-3 Step right forward, turn ½ left (weight to left), step right forward
4 Hold
5-6-7 Step left forward, turn ½ right (weight to right), step left forward
8 Right stomp up beside left

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