

Friends In Hell

COPPER **NOB**
STEPSHEETS

拍数: 32 墙数: 4 级数: Improver
编舞者: Greywolf (NL) & Wiya Wambli (NL) - July 2018
音乐: Hoedown in Hell - Dallas Wayne



Alt. music: Adam Brand – Lifetime Friends (125 bpm)

BACK, BACK, BACK, HOLD, BACK ROCK, SHUFFLE FORWARD

- 1 RF step back
- 2 LF step back
- 3 RF step back
- 4 Hold
- 5 LF rock back
- 6 Weight back on RF
- 7 LF step forward
- & RF step next to LF
- 8 LF step forward

HEEL SWITCHES, STEP FWD, HEEL BOUNCE, ROCK STEP, COASTER STEP

- 9 RF touch heel forward
- & RF step next to LF
- 10 LF touch heel forward
- & LF step next to RF
- 11 RF step forward (weight on RF)
- & LF&RF lift heels
- 12 Heels down (weight on RF)
- 13 LF rock forward
- 14 Weight back on RF
- 15 LF step back
- & RF step next to LF
- 16 LF step forward

CROSS ROCK, CROSS ROCK, CHASSE LEFT, CROSS ROCK

- 17 RF rock/cross over LF
- 18 Weight back on LF
- 19 RF rock/cross over LF
- 20 Weight back on LF
- 21 RF step right
- & LF step next to RF
- 22 RF step right
- 23 LF rock/cross over RF
- 24 Weight back on RF

¼ TURN LEFT & SHUFFLE FORWARD, ROCK STEP, SHUFFLE ½ TURN RIGHT, STEP, KICK

- 25 ¼ turn left, LF step forward (9)
- & RF step next to LF
- 26 LF step forward
- 27 RF rock forward
- 28 Weight back on LF
- 29 RF step forward }
- & LF step next to RF } ½ turn right (3)
- 30 RF step forward }

- 31 LF step forward
- 32 RF kick forward

Start over

Site: www.wiyawoelfdance.com
