

Friends and Lovers

COPPER KNOB
STEPSHEETS

拍数: 64 墙数: 2 级数: Easy Intermediate
编舞者: Kevin Smith (AUS) & Maria Smith (AUS) - July 2018
音乐: Lookin' for Love - Michael Peterson : (iTunes)



Starts on count 36 just before vocals - CW Rotation

S1: STEP SIDE, TOG, CROSS SHUFFLE, 1/2 TURN CROSS SHUFFLE

1,2,3&4, step R to side, step L next to R, cross shuffle R,L,R,
5,6,7&8, step L to side, ½ turning right step R to side, cross shuffle L,R,L, (6.00)

S2: STEP SIDE, TOG, CROSS SHUFFLE, ½ TURN, CROSS SHUFFLE

1,2,3&4, step R to side, step L next R, cross shuffle R,L,R,
5,6,7&8 step L to side, ½ turning right step R to side, cross shuffle L,R,L, (12.00)

S3: CROSS ROCK, RECOVER, CROSS ROCK, RECOVER, SIDE TOUCH, SIDE SHUFFLE

1,2,3,4, cross rock R, take wt L, step R to side, cross rock L,
5,6,7&8 take wt R, step L to side, side shuffle R,L,R,

S4: ROCK FWD, BACK, TOE STRUT, ROCK BACK, SIDE SHUFFLE,

1,2,3,4, cross rock L fwd, take wt R, L toe strut to side,
5,6,7&8 rock back on R, take wt L, side shuffle R,L,R,

S5: ROCK FWD, SWING LEFT AROUND SAILOR ¼, SHUFFLE, ¼ PIVOT,

1.2.3&4 cross rock L fwd, take wt R, swinging L around into ¼ sailor left L,R,L (9.00)
5&6,7,8, shuffle fwd R,L,R, step fwd L, ¼ turn right take wt R (12.00)

S6: ROCK FWD, BACK, SHUFFLE BACK, ROCK BACK, FWD, SHUFFLE FWD,

1,2,3&4 rock fwd L, back on R, shuffle back, L,R,L,
5,6,7&8 rock back R, fwd L, shuffle fwd R,L,R,

S7: PIVOT ½ TURN, STEP, DRAG, COASTER FWD, DRAG BACK, TOUCH

1,2,3,4, step L fwd, ½ pivot turn right, big step fwd L, drag R to L (6.00)
5&6,7,8, coaster fwd R,L,R, step big back L, drag R to L

S8: HIP SWAY R,L,R, TOUCH, HIP SWAY L,R,L, TOUCH

1,2,3,4, sway hips R,L,R, touch L next R,
5,6,7,8 sway hips L,R,L, touch R next L

[64] START AGAIN

**Restart wall 5 - S3: dance to count 5,6 then Restart dance,
Finish wall 7 to front ; complete first 4 counts, big step L, drag R to L,**

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