

Da Zero A Cento

COPPER KNOB
STEPSHETS

拍数: 32 墙数: 2 级数: Low Intermediate
编舞者: Val Saari (CAN) - July 2018
音乐: Da zero a cento - Baby K



WALK FORWARD, MAMBO FORWARD, WALK BACK, MAMBO BACK

1-2 Walk forward, RF, LF
3&4 Rock forward on RF, Recover LF, Step back on RF
5-6 Walk back, LF, RF
7&8 Rock back on LF, Recover RF, Step LF beside right

MODIFIED MAMBO, FORWARD, BACK, SIDE X 2 (R,L)

1&2& Rock RF forward, Recover LF, Rock RF back, Recover LF
3&4 Rock RF right, Recover LF, Step RF together, hold
5&6& Rock LF forward, Recover RF, Rock LF back, Recover RF
7&8 Rock LF left, Recover RF, Step LF together, hold

TOE-STRUT VINE RIGHT, SCISSORS/ TOE-STRUT VINE LEFT, SCISSORS

1&2& Touch RF toes right, Step heel down, Touch LF toes behind R, Step heel down
3&4 Rock RF to right side, Recover LF, Cross RF over left
5&6& Touch LF toes left, Step heel down, Touch RF toes behind L, Step heel down
7&8 Rock LF to left side, Recover RF, Cross LF over right

RF TOE-STRUT PIVOT 1/4 L X 2, OUT, OUT, IN, IN

1&2 Touch RF toes forward, Step RF heel down, Bounce heels to pivot 1/4 L, hold
3&4 Touch RF toes forward, Step RF heel down, Bounce heels to pivot 1/4 L, hold
5-6 Step RF right, Step LF left
7-8 Step RF left, Step LF together

REPEAT - No Tags, No Restarts

Email: valeriesaari@icloud.com - Phone: 1-905-246-5027
