

Bella Ciao

拍数: 32 墙数: 2 级数: Beginner
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音乐: Bella ciao - Tiberio



Intro: 32 Counts

[1 – 8] Weave L, Touch, Flick and Snap

1 - 6 L side, R Cross Behind L, L Side, R Cross Over L, L Side, R Cross Behind L
7, 8 Touch L Toe to R, L Flick Diagonal Back and Snap Fingers

[9 – 16] ½ Circle R, Wave Hand - Option: Change your place

1 – 8 Go a 1/2 Circle R with 8 steps starting with L and ends with R, and wave your right hand
Option: Change your place in this time (count 9 to 16)

[17 – 24] L FWD, Kick R FWD, R Back, L Touch

1 L Step Forward
2 R Kick Forward
3 R Step Back
4 L Touch Back
5 – 8 Repeat 1 to 4

[25 – 32] Grapevine L + Clap, Three Step Turn R + Clap

1 – 4 L side, R Behind L, L Side, R touch to L + Clap
5 – 8 ¼ Turn R + Step R Forward, ¼ Turn R + Step L Side, ½ Turn R Side, Close L to R + Clap

Option: You can dance a circle dance. Start with front into circle and dance a full circle in counts 9 to 16
