

Drop Everything

拍数: 32 墙数: 4 级数: High Improver
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音乐: Drop Everything - Carlton Anderson : (iTunes)



Intro: 16ct intro 1 Restart on wall 4 after first 8

(1-8) POINT CROSS X 4

1-2 point RF out to RT – cross RF over LF
3-4 point LF out to LT – cross LF over RF
5-6 repeat 1-2
7-8 repeat 3-4 (12:00)

Restarts happens here on wall4

(9-16) ROCK RECOVER, WEAVE LT, RF FOOT HEELJACK, WEAVE RT , LF HEEL JACK

1-2 step RF out to RT - recover on LF
3&4&5& step RF behind LF & step LF out to LT & cross RF over LF & step LF out to LT & point RT
 heel RT & step RT out to RT
6&7&8& cross LF over RF & step RF out to RT & LF behind RF & step RF out to RT & point LT heel
 out to LT & step LF next to RF (12:00)

(17-24) STEP PIVOT ¼ TURN LEFT POINT RT, LT, PIVOT RT HOOK, RT SHUFFLE

1-2 step RF next to LF - pivot ¼ turn left on balls of feet (9:00)
3&4& point RF out to RT – step RF next to LF – point LF out to LT – step LF next to RF
5-6 point RF out RT - pivot ¼ turn right hooking RT leg over LT leg (12:00)
7&8 step RF forward – step LF next to RF – step RF forward

(25-32) ROCK RECOVER SHUFFLE ¼ TURN LT SIDE ROCK CROSS RT & LT

1-2 rock LF forward – recover on RF
3&4 step LF out to LT making ¼ turn LT – step RF next to LF – step LF out to LT (9:00)
5&6 step RF out to RT – recover on LF – cross RF over LF
7&8 step LF out to LT – recover on RF – cross LF over RF

This dance rotates counterclockwise.

Any questions contact me @ pistoias@gmail.com have fun enjoy!!!!