

I Got Rhythm

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Low Improver
编舞者: Roger Neff (USA) - June 2018
音乐: I Got Rhythm - Willie Nelson



Intro: 32 counts

[1-8] R AND L LOCK STEPS FORWARD, MODIFIED MONTERREY STEP WITH ¼ TURN TO R INTO CROSS SHUFFLE (3:00)

1&2 Step fwd on R, Lock L behind, Step fwd on R
3&4 Step fwd on L, Lock R behind, Step fwd on L
5&6& Point R toe to side, Pivot on ball of LF and step on RF, Point L toe to side, Low L hitch
7&8 Step L over R, Step to R, Step L over R

[9-16] TOE STRUTS TURNING ¼ TO L X 2 (9:00), CROSS SHUFFLE, SIDE TOUCHES, COASTER STEP

1&2& Turn ¼ to L and step back on ball of RF, Drop heel (12:00), Turn ¼ to L and step on ball of LF, Drop heel (9:00)
3&4 Step R over L, Step to L, Step R over L
5&6& Step to L, Touch R beside L, Step to R, Touch L beside R
7&8 Step back on L, Step R beside L, Step forward on L

[17-24] R AND L K-STEPS

1&2& Step diag. R forward, Touch L beside R, Step home on L, Touch R beside L
3&4& Step diag. R back, Touch L beside R, Step home on L, Step on R beside L (weight on RF)
5&6& Step diag. L forward, Touch R beside L, Step home on R, Touch L beside R
7&8& Step diag. L back, Touch R beside L, Step home on R, Step on L beside R (weight on LF)

[25-32] TOE TOUCHES FORWARD, TOE TOUCHES TO SIDES, SLOW JAZZ BOX (TOE STRUTS OPTIONAL ON JAZZ BOX)

1&2& Touch R toe forward, Step home, Touch L toe forward, Step home
3&4& Touch R toe to side, Step home, Touch L toe to side, Step home
5-6 Step R over L, Step back L
7-8 Step to R, Step forward on L

Contact Roger at: lingofun@sbcglobal.net