

Marlena

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Improver
编舞者: Irene Deng (TW) & Jennifer Jou (TW) - July 2018
音乐: Marlena by Mac Owen



Intro: 16 counts

Sec 1: TAP R HEEL, HOOK, TAP R HEEL, FLICK, FWD SHUFFLE, TAP L HEEL, HOOK, TAP L HEEL, FLICK, FWD SHUFFLE

1&2& Tap R heel to R diagonal, hook RF over LF. Tap R heel beside LF, Flick RF to R side
3&4 Fwd shuffle on RLR
5&6& Tap L heel to L diagonal, Hook LF over RF, Tap L heel beside RF, Flick LF to L side
7&8 Fwd shuffle on LRL

Sec 2: TOUCH FWD, RECOVER, SWEEP RF BACK STEP, SWEEP TOUCH BACK, RECOVER, 1/4 TURN R STEP, (KICK BALL CROSS) X2

1&2 Touch R toe fwd, Recover on Lf, Sweep RF from front to back Step
3&4 Touch L toe to back, Recover on Rf, Sweep LF from back to front, 1/4 R step LF to L
5&6 Kick RF to R diagonal, Step RF back, Cross LF over RF
7&8 Kick RF to R diagonal, Step RF back, Cross LF over RF

Sec 3: R BOX STEP, MAMBO X2

1&2 Step RF to R, Step LF together Rf, Step RF back
3&4 Step LF to L, Step RF together Lf, Step LF fwd
5&6 Cross Rf over Lf, Recover on Lf, Step Rf to R
7&8 Cross Lf over Rf, Recover on Rf, Step Lf to L

Sec 4 : (STEP TOUCH) X2, CHASSES R, BACK, RECOVER, FWD, SWIVELS (RLRL)

1&2& Step Rf to R, Touch Lf beside Rf, Step Lf to L, Touch Rf beside Lf,
3&4 Step Rf to R, Step Lf next to Rf, Step Rf to R
5&6 Step Lf to back, Recover on Rf, Step Lf fwd
7&8& Step Rf beside Lf, then swivels both heels(RLRL)

Have one Restart on wall 5, after 16 counts (3:00 o'clock)

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