

拍数: 32 墙数: 4 级数: High Beginner
编舞者: Ema Ambunsuri (INA) - July 2018
音乐: Lagi Syantik - Siti Badriah



Start on lyric

SESSION 1. PRIZZY WALK, OUT OUT, HIP BUMP , HIP BUMP

- 1-2. Step R forward cross - Step L forward cross
- 3-4. Step out R to side - Step out L to side
- 5&6. Hip bump R (rather bend), L, R up
- 7&8. HIP bump R (rather bend) L, R up

SESSION. 2. CROSS ROCK BEHIND TO TOE, STEP IN PLACE, CROSS ROCK BEHIND TO TOE, STEP IN PLACE, CROSS ROCK BEHIND TO TOE, STEP SIDE TO TOE, STEP TOGETHER TO TOUCH, TURN 1/4 LEFT TOGETHER,

- 1-2. Cross Rock L Behind R to Toe - Step L in place
- 3-4. Cross Rock R Behind L to Toe - Step R in place
- 5-6. Cross Rock L Behind R to Toe - Step L Side to Toe
- 7-8. Step L Touch Beside R - Turn 1/4 L together R

SESSION 3. COURSTERSTEP, FORWARD, TURN 1/8 TOGETHER, TURN 1/8 R TOGETHER L, TURN 1/8 R TOGETHER L, COURSTERSTEP

- 1&2. Step Back L - Step back R beside L - Step Forward L
- 3 - 4. Forward R-Turn 1/8 R together L
- 5 - 6. Turn 1/8 R together L - Turn 1/8 R together L (09.00)
- 7 & 8. Step L Back - Step R back beside L- Step Forward L

SESSION 4. HEEL, DROP,HEEL ,DROP, LONG FORWARD, CLOSE TOGETHER. STEP SIDE (the body slightly to Right)

- 1&2 & Heel R Forward - Drop R - Heel L Forward - Drop L
- 3 - 4 Long step R forward - close L together
- 5 & 6. Step R Side(the body slightly to right) - Recover L on R - Closed R together
- 7 & 8. Step L Side (the body slightly to right) - Recover R on L - Closed L together

Noted : No Tag No Restart.

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ENJOY THE DANCE

Last Update - 18th July 2018
