

# La Cintura

**COPPER** **KNOB**  
STEPSHEETS

拍数: 32      墙数: 1      级数: Ultra Beginner  
编舞者: Nicole Miller (LUX) - July 2018  
音乐: La Cintura - Álvaro Soler



Start dancing after 16 counts

## SIDE TOGETHER, SHUFFLE R, ROCKING CHAIR

1-2      Step right to right, step left together,  
3&4      Step right to right, step left together, step right to right  
5-8      Step left forward, recover right, step left back, recover right

## SIDE TOGETHER, SHUFFLE L, ROCKING CHAIR

1-2      Step left to left, step right together,  
3&4      Step left to left, step right together, step left to left  
5-8      Step right forward, recover left, step right back, recover left

## SHUFFLE FORWARD 2X, STEP TURN 2X

1&2      Step right forward, step left next to right, step right forward,  
3&4      Step left forward, step right next to left, step left forward,  
5-8      Step right forward, turn  $\frac{1}{4}$  left, step right forward, turn  $\frac{1}{4}$  left (with hip rolls)

## SHUFFLE FORWARD 2X, STEP TURN 2X

1&2      Step right forward, step left next to right, step right forward,  
3&4      Step left forward, step right next to left, step left forward,  
5-8      Step right forward, turn  $\frac{1}{4}$  left, step right forward, turn  $\frac{1}{4}$  left (with hip rolls)

## REPEAT

### TAG: After wall 7:

1-4      Sway right, left, right, left

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