

Nenaghs' Church

COPPER KNOB
BY STEPHEN HETS

拍数: 32 墙数: 2 级数: Improver
编舞者: Tina Argyle (UK) - July 2018
音乐: My Church - Maren Morris : (Single - iTunes)



(Pronounced Neenas)

Count In : 16 counts from start of track
Start Facing top right corner of 12 o'clock wall

1/8th turn Stepping fwd with sweep, cross side, behind side cross, Rock ¼ turn step, Full turn fwd

- 1 Make 1/8th turn left to face 12 o'clock stepping fwd left sweeping right anti-clockwise at same time
- 2-3 Cross right over left, step left to left side
- 4&5 Cross right behind left, step left to left side, cross right over left
- 6&7 Rock left to left side, make ¼ turn right recovering weight onto right, step fwd left (3 o'clock)
- 8& Make ½ turn left stepping back right, make ½ turn left stepping fwd left

Basic Nightclub Step x2. ¼ turn sway,sway ,sway, Modified Sailor ½ turn

- 1,2& Take big step right to right side, rock back left, recover
- 3,4& Take big step left to left side, rock back right, recover
- 5,6,7 Make ¼ turn left stepping right to right side pushing hips right, transfer weight onto left pushing hips left, transfer weight onto right pushing hips right (12 o'clock)
- 8& Make ¼ turn left crossing left behind right, make ¼ turn left step right in place (6 o'clock)

***** ReStart here during Wall 5 – just step fwd to restart the dance facing 6 o'clock *****

Walk Fwd x2. Mambo rocks Fwd,recover, Side,recover. Sailor Steps travelling backwards x2

- 1-2 Walk fwd left then right
- 3& Rock fwd left, recover weight onto right
- 4& Rock left to left side, recover weight onto right
- 5&6 Sweep and cross left behind right, step right to right side, step slightly back left
- 7&8 Sweep and cross right behind left, step left to left side, step slightly back right

Sailor ¾ Turn. Syncopated Rocking Chair. 1/8th turning reverse rumba box to left diagonal, step together

- 1&2 Sweep and cross left behind right making ¼ turn left, Make ¼ turn left stepping right to right side, Make ¼ turn left stepping left slightly fwd (9 o'clock)
- 3&4& Rock fwd right, recover weight onto left, rock back right, recover weight onto left
- 5&6 Step right to right side, close left at side of right, step back right
- 7&8 Step left to left side, close right at side of left, step forward left into left diagonal
- & Step forward right

***** Tag end of wall 3 walk forward left then right into the corner then restart the dance including the 1/8th turn to face 6 o'clock) *****

Written in the car park of a Hotel in Nenagh in the county of Tipperary, during my first visit to Ireland.
Happy friends old and new – happy times, happy memories.

Last Update - 10th July 2018