

Sunshine Girl

拍数: 48 墙数: 4 级数: High Beginner
编舞者: Mamalinedance Mei Kwo (USA) - July 2018
音乐: Sunshine Girl (English Ver.) by Moumoon - Spark



Intro: 16 counts, 2 Restarts

TOE-HEEL-STOMP, TOE-HEEL-STOMP, MODIFIED JAZZ, WITH POINT

1&2 Touch R toe together, touch R heel together, stomp R forward
3&4 Touch L toe together, touch L heel together, stomp L forward
5-6 Step R across L; Step L back
&7-8 Step R back, Step L across R, Point R to right (12:00)

WALK WALK, KICK-BALL CHANGE, WALK WALK STEP ½ TURN LEFT

1-2 Walk forward right, left
3&4 Kick right forward, step ball of right beside left, step left in place
5-6 Walk forward right, left
7-8 Step forward right, ½ turn left (6:00)

SAMBA STEP, SAMBA STEP, JAZZ BOX CROSS ¼ TURN RIGHT

1&2 Step R across L, Rock L to left, Recover right to R
3&4 Step L across R, Rock R to right, Recover left to L
5-6 Step R over L, step L back, turn ¼ right,
7-8 Step R to side, step L Cross L over R (9:00)

LINDY RIGHT, LINDY LEFT

1&2 Step side R, Step L next to R, step side R
3-4 Cross rock L behind R, replace weight on R
5&6 Step side L, Step R next L, step side L
7-8 Cross rock R behind L, replace weight on L (9:00)

R KICK STEP POINT L, L KICK STEP POINT R, R HEEL, L HEEL, STEP R, 1/4 PIVOT L

1&2 Kick right foot forward (1), step right next to left (&), point left to left side (2)
3&4 Kick left foot forward (3), step left next to right (&), point right to right side (4)
*** (1st Restart is on wall 2 (facing 3:00), dance the first 36 counts and Restart facing 12:00)
*** (2nd Restart is on wall 6 (facing 9:00), dance the first 36 counts and Restart facing 6:00)
5&6 Touch right heel forward(5), step right next to left(&), touch left heel forward(6)
&7-8 Step left next to right(&), step forward on right(7), pivot ¼ turn left(8) (weight on left)(6:00)

CROSS ROCK CHASSE R, CROSS, SIDE, SAILOR 1/4 LEFT

1-2 Cross rock R over L, recover weight to L.
3&4 Step R to R side, close L beside R, step R to R side.
5-6 Cross step left over right, Step right to right side
7&8 Step left behind right, Turn 1/4 left stepping right to right side, Step left to left side(3:00)

*** (1st Restart is on wall 2 (facing 3:00), dance the first 36 counts and Restart facing 12:00)
*** (2nd Restart is on wall 6 (facing 9:00), dance the first 36 counts and Restart facing 6:00)

REPEAT AND HAVE FUN! HAPPY DANCING ALWAYS!

Last Update - 15 Mar 2022

