

Wes's Alane

COPPER KNOB
BY STEPHEN

拍数: 80 墙数: 3 级数: Phrased Beginner
编舞者: Angéline Fourmage (FR) - July 2018
音乐: Alane - Wes : (amazon)



Sequence : A-A-B-B-C - A-B-B-C - C-C - B-B - B-B-B - C-C
Start : 32 COUNTS

A : 32 Counts

A[1-8] : Toes Strutz4

1-2 Step right toe FW, drop right heel
3-4 Step left toe FW, drop left heel
5-6 Step right toe FW, drop right heel
7-8 Step left toe FW, drop left heel

A[9-16] : Jazz-box, Scuff, Jazz-Box ¼ L, Touch

1-2 Cross RF over LF, LF Back
3-4 RF to R side, Scuff LF
5-6 Cross LF over RF, RF Back
7-8 LF to L side with 1/4 L, Touch RF next to LF

A[17-24] : Vine R, Vine L

1-2 RF to the R side, LF behind RF
3-4 RF to the R side, Touch LF next to RF
5-6 LF to the L side, RF behind LF
7-8 LF to the L side, Touch RF next to LF

A[25-32] : Rolling Vine R, Rolling Vine L* (Option : Vine)

1-2 ¼ turn right stepping right fw, ½ turn right stepping left back
3-4 ¼ turn right stepping right to right, Touch left next to right
5-6 ¼ turn left stepping left fw, ½ turn left stepping right back
7-8 ¼ turn left stepping left to left, Touch right next to left

B : 16 Counts

B[1-8] : Shuffles Turning a Full Circle Right

1&2 Shuffle step round right, left, right
3&4 Shuffle step round left, right, left
5&6 Shuffle step round right, left, right
7&8 Shuffle step round left, right, left

B[9-16] : Heel, Hold, Together, Hold, Heel, Hold, Together, Hold

1-2 Touch R heel FW, Hold
3-4 RF next to LF, Hold
5-6 Touch L heel FW, Hold
7-8 LF next to R, Hold

C : 32 Counts

C[1-8] : Vine, Touch, Bump

1-2 RF to the R side, LF behind RF
3-4 RF to the R side, Touch LF next to RF
5&6 LF to the L side with Bump L, Bump L
7&8 Bump R, Bump R

C[9-16] : Vine, Touch, Bump

1-2 LF to the L side, RF behind LF
3-4 LF to the L side, Touch RF next to LF
5&6 RF to the R side with Bump R, Bump R
7&8 Bump L, Bump L

C[17-24] : Walk, Touch, Bump

1-2 RF FW, LF FW
3-4 RF Fw, Touch LF next to RF
5&6 LF to the L side with Bump L, Bump L
7&8 Bump R, Bump R

C[25-32] : Walk, Touch, Bump

1-2 LF Back, RF Back
3-4 LF Back, Touch RF next to LF
5&6 RF to the R side with Bump R, Bump R
7&8 Bump L, Bump L

NOTA : RF = Right Foot , LF = Left Foot , FW = Forward

Smile and enjoy the dance

Contact : maellynedance@gmail.com
