

I'm on a Roll

拍数: 48 墙数: 2 级数: Improver
编舞者: Judy Rodgers (USA) - July 2018
音乐: On a Roll - Sugarland



#16 count intro (1 restart)

S1: Kick ball change (X2), toe struts R & L

1&2 Kick R fwd, step down R, step L
3&4 Kick R fwd, step down R, step L
5-6 Touch R toe fwd, step down on R
7-8 Touch L toe fwd, step down on L

S2: Jazz box turn 1/4 R, step pivot 1/2 L, shuffle

1-4 Cross R over L, turn 1/4 right step L back, step R beside L, step L fwd 3:00
5-6 Step R fwd, turn 1/2 left step L fwd 9:00
7&8 Shuffle fwd R L R

S3: Kick ball change (X2), behind, side, cross shuffle

1&2 Kick L fwd, step down L, step R
3&4 Kick L fwd, step down L, step R
5-6 Step L behind R, step R to right side
7&8 Cross L over R, step R to right side, cross L over R

S4: Side rock, sailor step, sailor turn 1/4 L, walk walk

1-2 Rock R to right side, recover L
3&4 Step R behind L, step L to left side, step R to right side
5&6 Turn 1/4 left step L behind R, step R to right side, step L to left side 6:00
7-8 Walk fwd R, L

**** Restart here on Wall 5 facing 6:00

S5: Point & point, heel & toe, rock recover, turn 1/2 R shuffle

1&2 Point R to right side, step R beside L, point L to left side
3&4 Tap L heel fwd, step L beside R, touch R toe beside L
5-6 Rock R fwd, recover L
7&8 Turn 1/2 right shuffle fwd R L R 12:00

S6: Side rock, cross shuffle, turn 1/4 L, turn 1/4 L, stomp stomp

1-2 Rock L to left side, recover R
3&4 Cross L over R, step R to right side, cross L over R
5-6 Turn 1/4 left step R back, turn 1/4 left step L fwd 6:00
7-8 Stomp R, L

One restart: Wall 5 starts facing 12:00 (rap section) - dance 32 cnts and restart facing 6:00

Ending: Wall 7 (last wall) starts 12:00 - ends 6:00...use the last 7-8 to step R pivot 1/2 left to face front or just step pivot 1/2 after the dance ends and smile!