

My Sailor

COPPER KNOB
BY STEPHEN BRETZ

拍数: 64 墙数: 4 级数: Beginner
编舞者: Karen Raines (AUS) - August 2017
音乐: Sailor - Petula Clark



Dance info: Weight on left foot 16 count intro

Walk Forward Right Left, V Step Right Left, Angle 10.30 Walk Forward Right Left, Forward Right Half Pivot

1234 Walk forward right left, v step right left
5678 Walk forward right left 10.30, step forward on right, half pivot 4.30

Forward Right, Back Half, Rolling Shuffle ½ ½ ½ , Rock Forward Recover, Behind Side Cross

123&4 Step forward on right , ½ back on left, roll the shuffle rlr ½ , ½ , ½ 4.30
567&8 Rock forward on left, replace right, step left behind right, step right to the side straightening to nearest wall, cross left over right 6oclock

Step Side Together Toe Back ¼ Pivot, Repeat

1234 Step right to the side, step left next to right, step right toe slightly back, ¼ pivot 9oclock
5678 Step right to the side, step left next to right, step right toe slightly back, ¼ pivot 12oclock

Back Right Left ½ ½ Back Recover Kick Ball Cross

1234 Step back on right, step back on left, ½ back on right 6oclock, ½ back on left 12oclock
567&8 Rock back on right, replace left, kick right foot forward, step right beside left, cross left over right

Side Rock Recover Cross ¼ Back ¼ Cross Side Together

1234 Rock right to the side, replace left, cross right over left, step back ¼ on left 3oclock
5678 Step ¼ on right 6oclock cross left over right, step right to the side, step left beside right

Back Back Toe Back Half Pivot, Back Back Rolling Shuffle ¼ ½ ½

1234 Step right back, step left back, step right toe back, ½ pivot 12oclock
567&8 Step right back, step left back, step ¼ on right 3oclock , ½ on left 9oclock, ½ on right 3oclock

¼ Rock Recover Cross ¼ Back ½ ¼ Rock Recover Cross

1234 Step ¼ on left 6oclock , replace right, cross left over right, step ¼ back on right 3oclock
5678 ½ step on left 9oclock, ¼ step on right 6oclock , replace left, cross right over left ¼ back, ½ ,forward shuffle lrl,

Walk Back R,L,R ½ Ball Left Right, Step Left, Restart Dance

123&4 Step ¼ back on left 9oclock step ½ on right 3oclock shuffle forward left, right, left
567&8&& Walk back right, left, right, ½ ball left right 9oclock, step forward on left restart dance

Dance finishes on count 5

No Tags, No Restarts

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