

Rescue Me

COPPERKNOB
BY STEPHEN

拍数: 32 墙数: 2 级数: Improver
编舞者: Frank Heelan (IRE) - July 2018
音乐: Emergency - Icona Pop



Sec. 1: Kick, back, back lock back, rock recover, walk, walk

1-2 Kick right forward, step back right.
3&4 Step back left, lock right across left, back left.
5-6 Rock back right, recover to left.
7-8 Step forward right across left, forward left across right.(12.00)

Sec. 2: Side rock, cross shuffle, side rock cross shuffle.

1-2 Rock right to right, recover to left.
3&4 Cross right over left, left to side, cross right over left.
5-6 Rock left to left, recover to right.
7&8 Cross left over right, right to right, cross left over right (12.00)

Sec. 3: Side together, chasse ¼ turn, rock recover, back. back, back.

1-2 Step right to right, left together.
3&4 Step right to right, left together, ¼ turn right, step forward right.(3.00)
5-6 Rock forward left, recover to right.
7&8 Run back L-R-L

Sec. 4: Side, behind, turn, side, rock back recover, side rock recover.

1-2 Step right to right, left behind.
3-4 Turn ¼ right stepping forward right, step left to left side (6.00)
5-6 Rock back right, recover to left.
7-8 Rock right to right side, recover to left.

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