

The Voices Of Sweet Jamaica

COPPER KNOB
STEPSHEETS

拍数: 48 墙数: 4 级数: Improver

编舞者: Val Saari (CAN) - July 2018

音乐: The Voices of Sweet Jamaica (All Star Remix) - Shaggy, Josey Wales, Mr. Vegas, Barrington Levy, U-Roy, Beenie Man, T.O.K., Cocoa Tea, Marcia Griffiths & Singing Melody : (iTunes)



RF TOE-STRUT MODIFIED JAZZ BOX, RF MAMBO BACK

- 1-2 Cross RF over L, Touch RF toe - drop R heel
- 3-4 Step LF left on toes, LF heel down
- 5-6 Rock RF back, Recover LF
- 7-8 Step RF together, hold

LF TOE-STRUT MODIFIED JAZZ BOX, LF MAMBO BACK

- 1-2 Cross LF over R, Touch LF toe - drop L heel
- 3-4 Step RF right on toes, RF heel down
- 5-6 Rock LF back, Recover RF
- 7-8 Step LF together, hold

MAMBO RIGHT, MAMBO LEFT

- 1-2 RF Rock side right, LF recover
- 3-4 RF close together beside L, hold
- 5-6 LF Rock side left, RF recover
- 7-8 LF close together beside R, hold

STEP PIVOT 1/2, STEP PIVOT 1/4

- 1-2 Step RF forward, hold
- 3-4 Pivot 1/2 turn left, hold
- 5-6 Step RF forward, hold
- 7-8 Pivot 1/4 turn left, hold

SCISSOR STEPS FORWARD (R,L)

- 1-2 RF Step R, LF Recover
- 3-4 RF crosses LF and Hold (push and cross)
- 5-6 LF Step L, RF Recover
- 7-8 LF crosses RF and Hold (push and cross)

TOE-STRUTS BACK X 4 (R,L,R,L)

- 1-2 Touch RF toes back, Drop heel
- 3-4 Touch LF toes back, Drop heel
- 5-6 Touch RF toes back, Drop heel
- 7-8 Touch LF toes back, Drop heel

REPEAT - No Tags, No Restarts

Email: valeriesaari@icloud.com - Phone: 1-905-246-5027
