

My Wave

COPPERKNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Beginner
编舞者: Kate Sala (UK) - July 2018
音乐: My Wave (feat. Shy Carter) - Keith Urban : (Album: Graffiti U)



Intro: 32 counts.

Forward Heel Grind on R, Forward Heel Grind on L, Rocking Chair.

1 2 Step forward on R heel with toes turned in. Grind the heel turning toes from left to right.
3 4 Step forward on L heel with toes turned in. Grind the heel turning toes from right to left.
5 6 Rock forward on R. Rock back on to L.
7 8 Rock back on R. Rock forward on to L.

Step, Kick, Back, Touch, Side Step, Kick, Side Step, Hook Behind.

1 2 Step forward on R. Kick left foot forward (Clap).
3 4 Step back on L. Touch R next to L.
5 6 Step R to right side. Kick L across R.
7 8 Step L to left side. Hook R foot up behind L .

Grapevine Right, Touch, Grapevine Left With 1/4 Turn Left, Scuff.

1 2 Step R to right side. Cross step L behind R.
3 4 Step R to right side. Touch L next to R.
5 6 Step L to left side. Cross step R behind L.
7 8 Turn 1/4 left stepping forward on L. Scuff R forward.

Diagonal Step Right, Swivel R Heel Out, In, Step Together, Tap Left Out, In, Heel Swivel Right.

1 2 Step R forward to right diagonal. Swivel R heel out to right.
3 4 Swivel R heel left. Step R next to L.
5 6 Touch L toe out to left side. Step L next to R.
7 8 On balls of feet swivel both heels right. Recover heels back to centre.

Start Again. Enjoy!
