

La Copa

拍数: 32 墙数: 4 级数: Improver
编舞者: Angels Guix (ES) & Enric Nonell (ES) - June 2018
音乐: Dame (Radio Edit) - Fly Project : (Single)



Intro: 16 counts.

Tag: The song has a 4 counts silence after 1st and 5th repetition. Add a cross rocking chair with LF, then go on with the following repetition.

[1-8] Cross rock step, shuffle, cross rock step, ¼ turn right shuffle

1,2 Cross rock LF over RF, recover on RF
3&4 Step LF to left, step RF together, step LF to left
5,6 Cross rock RF over LF, recover on LF
7&8 Step RF to right, step LF together, ¼ turn right and step RF forward

[9-16] ½ turn right walking around (LF,RF,LF,RF), side step cross x2

1-4 1/8 turn right and step LF forward, 1/8 turn right and step RF forward, 1/8 turn right and step LF forward, 1/8 turn right and step RF forward.
5&6 Step on ball of LF to left, step RF in place, cross LF over RF
7&8 Step on ball of RF to right, step LF in place, cross RF over LF

[17-24] Touch step x2, jazz box

1,2 Tap on ball of LF to left diagonal forward, step LF in place
3,4 Tap on ball of RF to right diagonal forward, step RF in place
5-8 Cross LF over RF, step RF backward, step LF to left, cross RF over LF

[25-32] Weave, cross rock step, three step turn right

1,2,3 Step LF to left, step RF behind, step LF to left
4,5 Cross rock RF over LF, recover on LF
6 ¼ turn right and step RF forward
7 ½ turn right and step LF backward
8 ¼ turn right and step RF to right

Start again

TAG: There's a 4 counts silence in the music after 1st and 5th repetition. Add the following movement in the silence then go on with the next repetition...

1-4 CROSS ROCKING CHAIR with LF
1,2 Cross rock LF over RF, recover on RF
3,4 Rock LF to left, recover on RF

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