

Just My Type

拍数: 64 墙数: 4 级数: Intermediate
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音乐: Just My Type - The Vamps



COUNT IN: 16 counts (approx. - 8secs)

[1-8] Walk forward R, L, Mambo R, Walk back L, R, Coaster Step L.

1,2 Walk forward R(1) Left(2)
3&4 Rock forward on R (3) recover onto L(&), step R in place(4)
4,5 Walk back L(5) R(6)
7&8 Step back on the Left(7) step R next to L(&) step forward on the Left(8)

[9-16] Skate R, L, R, Step ½ L, Rock side recover Ball Step, touch behind.

1,2 Skate R to R diagonal(1) Skate L to L
3,4 Skate R to R diagonal , Make a ¼ turn left step fwd L
5,6 Make ¼ turn L Rock R to R side(5) recover onto L(6)
&7 8 Quickly step onto the R ball(&) Step L to L side(7) touch Right foot behind Left(8)

(*optional* on count 8- look to the Left and click your fingers to the left)

[17-24] Side behind & cross side, sailor steps x2

1,2 Step Right to Right side(1) step Left behind R(2)
&3,4 Quickly step on the R(&) cross Left over R (3) Step R to R side(4)
5&6 Step L behind Right(5) Step Right slightly to Right side(&) step Left to Left side(6)
7&8 Step R behind L(7) step L slightly to L side(&) Step R to R side(8)

[25-32] Rock Left, recover, shuffle ½ turn, Turning Hips bumps.

1,2 Rock forward Left(1) recover onto Right(2)
3&4 Making a ½ turn L, step forward on the L(3) Step R to L(&) step forward L(4)
5&6 step forward R bump R hip forward(5) back(&) forward(6)
7&8 Make 1/2 turn L bumping L hip forward(7), back(&) forward(8) 6.00

[33-40] Right Dorothy, Left Dorothy, ½ turn, Right Dorothy, step hitch.

1 2& Step R to R diagonal(1), lock L behind R(2), step R beside L(&).
3 4& Step L to L diagonal(3) lock R behind L(4) step L beside R making ¼ R(&)
5 6& Making a ¼ turn R step R to R diagonal(5)lock L behind R(6) step R beside L(&)
7 8 Step Left to L diagonal(7) hitch R knee up(8)12.00

[41-48] Syncopated figure of 8, Step ¼ Left, step kick.

1,2 Step R to R side(1) step L behind R(2)
&34 Quickly step R ¼ turn R(&) step L slight across R(3) turn to face 12.00 stepping into the R(4)
5,6 Step L to L side(5) Step R behind L(6) quickly step forward Left making ¼ Left(&)
&78 Making ¼ L Stepping R to R side(7) jump L beside R kicking R foot to the side(8) 6.00

[49-56] Cross hold & cross shuffle, Rock Left recover, behind ¼ Step.

1,2 & Step R across L(1) hold(2) quickly step Left to Left side(&)
3&4 Cross R over L(3) Step L to L side(&) cross R over L(4)
5,6 Rock L to L side(5) recover(6)
7&8 Step L behind R(7) ¼ turn R stepping forward R(&) step forward L(8) 9.00

[57-64] Step pivot ½ turn, shuffle ½ turn, jump back, clap, hip Roll.

1,2 Step forward in the Right(1) pivot ½ turn Left(2)
3&4 making a ½ turn Left step back on the Right(3) step Left to Right(&) step back Right(4) 9.00

&5 6 Jump back Left(&) Right(5) feet apart, clap(6
7,8 Roll hips in a full circle anti-clockwise. 9.00

Start the Dance again
