

Sugar, Sugar

拍数: 32 墙数: 4 级数: Improver
编舞者: Tracy Walters (CAN) - May 2018
音乐: Sugar Sugar - The Archies



(Start on vocals)

Kick-Ball Cross, Kick-Ball Cross, Shuffle, Cross and Make a 360-Degree (Full) Turn

- 1&2. Kick right foot forward, step on right foot, step left foot across right foot
3&4. Kick right foot forward, step on right foot, step left foot across right foot
5&6. Shuffle to the right (step right foot to the side, step left foot next to right foot, step right foot to the side)
7-8. Cross left foot over right foot, make a 360-degree (full) turn right-unwinding legs and then crossing legs again with right foot over left foot (end with weight on right foot)
9&10. Kick left foot forward, step on left foot, step right foot across left foot
11&12. Kick left foot forward, step on left foot, step right foot across left foot
13&14. Shuffle to the left (step left foot to the side, step right foot next to left foot, step left foot to the side)
15-16. Cross right foot over left foot, make a 360-degree (full) turn left-unwinding legs and then crossing legs again with left foot over right foot (end with weight on left foot)

Step-Rock Step, Step-Rock Step, Step-Kick-Turn Step

- 17&18. Step right foot forward, step (rock) left foot to the side, step in place onto right foot
19&20. Step left foot forward, step (rock) right foot to the side, step in place onto left foot
21-24. Step right foot forward, kick left foot forward, on ball of right foot make a ½ turn right step on left foot

Mambo Step, Coaster-Step, ¼ Monterey Turn with Side Taps

- 25&26. Mambo step (step right foot forward, step in place onto left foot, step right foot next to left foot
27&28. Coaster-step (step left foot back, step right foot next to left foot, step left foot forward)
29-30. Tap right toes to the side, on ball of left foot make a ¼ turn to the right and step right foot next to left foot
31&32. Tap left toes to the side, step left foot next to right foot, tap right toe to the side

Begin Again!

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