

# Don't Give Me No Excuses

**COPPER** KNOB  
STEPSHEETS

拍数: 32      墙数: 4      级数: Intermediate  
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音乐: No Excuses - Meghan Trainor



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## **CROSS R OVER L, STEP L, R SAILOR STEP, CROSS L OVER R, STEP R, ¼ LEFT SAILOR STEP**

- 1,2,3&4      Cross right over left, step left to the left, swing right back behind left, step left back beside right, step right forward out to right
- 5,6,7&8      Cross left over right, step right to the right, swing left back behind right, step right back beside left, step left out to left ¼ turn left

## **KICKBALL CHANGE X 2, STEP ½ PIVOT KICK, L COASTER STEP**

- 1&2,3&4      Kick right forward, step right back in place, step left in place, repeat
- 5,6,7&8      Step right forward pivoting ½ turn over left shoulder, kick left forward, step back on left, step right back next to left, step left forward

## **WIZARD STEP R, WIZARD STEP L, REPEAT**

- 1,2&3,4&      Step right forward, step left behind right, step right back, step left forward, step right behind left, step left back
- 5,6&7,8&      Step right forward, step left behind right, step right back, step left forward, step right behind left, step left back

## **ROCK, RECOVER, R COASTER, ROCK, RECOVER, TRIPLE ½ OVER L**

- 1,2,3&4      Rock right forward, recover weight on left, step right back, step left back beside right, step right forward
- 5,6,7&8      Rock left forward, recover weight on right, turning ½ over left shoulder stepping left, right, left

**Begin again**

**No Tags, No Restarts**

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