Traffic Jam Cha Cha



编舞者: Jennifer Jou (TW) & Penny Tan (MY) - June 2018 音乐: Traffic Jam Cha Cha (塞車恰恰) - Wonfu (旺福)



Sequence: A/A(33-64)/B/C/C/A/A (33-64)/B/C/C/A(1-32)/C/C

Intro: 4 counts

Part A: 64 COUNTS

Sec A1: BACK, RECOVER, SHUFFLE FWD, FWD, RECOVER, SHUFFLE BACK

1 – 2 Rock RF back, recover on LF

3&4 Fwd shuffle on RLR

5 – 6 Rock LF fwd.recover on RF

7&8 Back shuffle on LRL

Sec A2: WEAVE L, CROSS, RECOVER, CHASSE R

1 2 3 4 Cross RF over LF, step LF to L, cross RF behind LF, step LF to L

5 – 6 Cross RF over LF, recover on LF

7&8 Chasse to R side on RLR

Sec A3: WEAVE R,CROSS,RECOVER,CHASSE L

12 3 4 Cross LF over RF, step RF to R, step LF behind RF, step RF to R

5–6 Cross LF over RF, recover on RF

7&8 Chasse to L side on LRL

Sec A4: (FWD.1/2 L)X2.ROCKING CHAIR

1 2 3 4 Step RF fwd,pivot 1/2 L weight on LF, Step RF fwd,pivot 1/2 L weight on LF

5 - 8 Rock RF to R,recover on LF,Rock RF back,recover on LF 12:00

Sec A5: (SHUFFLE FWD)X2,WALK BACK (4X) 1/2 L

1&2 Fwd shuffle to R diagonal on RLR3&4 Fwd shuffle to L diagonal on LRL

5 – 6 Walk back on RL

7 – 8 1/4 L step RF back, 1/4 L step LF fwd 6:00

Sec A6: (SHUFFLE FWD)X2,WALK BACK (4X)

1&2 Fwd shuffle to R diagonal on RLR 3&4 Fwd shuffleto L diagonal on LRL

5 – 8 Walk back on RLRL 6:00

Sec A7: POINT, POINT, POINT, 1/4 R HITCH, COASTER, SHUFFLE FWD

1 2 3 4 Point RF fwd,point RF to R diagonal,point RF to R side,1/4 R hitch RF

5&6 Step RF back,step LF together,step RF fwd

7&8 fwd shuffle on LRL 9:00

Sec A8: FWD,PIVOT 1/2 L,SHUFFLE FWD,ROCK FWD,RECOVER,COASTER

1 – 2 Step RF fwd,pivot 1/2 L weight on LF

3&4 Shuffle fwd on RLR

5 – 6 Rock LF fwd, recover on RF

7&8 Step LF back,step RF together,step LF fwd 3:00

Part B:32 COUNTS

Sec B1: SIDE, TOGETHER, SHUFFLE FWD, SIDE, TOGETHER, SHUFFLE BACK

Step RF to R,step LF together
Shuffle fwd on RLR
Step LF to L,step RF together
Shuffle back on LRL

Sec B2: BACK, HITCH, BACK, HITCH, 1/4 R CHASSE R, CHASSE L

1 – 4 Step RF back, hitch LF up, step LF back, hitch RF up

5&6 1/4 R chasse to R side, on RLR

7&8 Chasse to L side on LRL

Sec B3: Repeat Part B Sec 1

Sec B4: Repeat Part B Sec 2

Part C:32 COUNTS

Sec C1: OUT, OUT, IN, IN, CHASSE R, CHASSE L

1 - 4 Out out in in (Clap hands 4 times)

5&6 Chasse to R side on RLR7&8 Chasse to L side on LRL

Sec C2: Repeat Part C Sec 1

Sec C3: 1/4 R FWD,TOUCH,FWD,TOUCH,BACK,TOUCH,BACK,TOUCH

1 – 4 turn 1/4 R step fwd RF to R diagonal,touch LF beside RF,Step fwd LF to L diagonal,touch RF

beside LF

5 – 8 Back RF to R diagonal, touch LF beside RF, back LF to L diagonal, touch RF beside LF

Sec C4: (HEEL, HOOK, SHUFFLE FWD) X2

1 – 2 Tap R heel to R diagonal, hook RF over LF

3&4 Fwd shuffle on RLR

5 – 6 Tap L heel to L diagonal, hook LF over RF

7&8 Fwd shuffle on LRL

Ending: Last Part C Sec 4

1 – 2 Tap R heel to R diagonal, hook RF over LF

3&4 Fwd shuffle on RLR

5 – 8 pivot 1/2 L,triple step in place on RLR

Have fun & happy dancing !!

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