

Sunshine Blues

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Improver
编舞者: Julie Katz Davies (UK) - June 2018
音乐: Sunshine After the Rain - Elkie Brooks



Written as a 'cool' dance for the heatwave in the UK!

****2 simple Restarts – wall 3 and 7 (after the slight pauses!)**

#21 second count in – Just start on the word 'Away'

SECTION ONE: SIDE CLOSE CHASSE RIGHT, CROSS ROCK RECOVER , CHASSE QUARTER LEFT

- 1,2, 3&4. Step right to right side, close left next to right, step right to right close left next to right on the & count, step to right side. (12)
- 5,6, 7&8 cross left over right, recover weight back on right foot. Step left to left side starting to make a quarter turn left, close right next to left on the & count, step left to left side. (9)

SECTION TWO: REPEAT SECTION ONE TILL FACING BACK WALL.

- 1,2, 3&4. Step right to right side, close left next to right, step right to right close left next to right on the & count, step to right side.
- 5,6, 7&8 cross left over right, recover weight back on right foot. Step left to left side starting to make a quarter turn left, close right next to left on the & count, step left to left side. (6)

SECTION THREE: PIVOT HALF, RIGHT SHUFFLE, FULL TURN, LEFT SHUFFLE

- 1,2, 3&4 Step forward on right, pivot a half turn left, shuffle forward stepping right, left, right (12)
- 5,6, 7&8 Make a half turn right stepping back on left foot, make a half turn right stepping forward on right foot (alternatively just do two walks forward). Shuffle forward stepping left, right, left.

SECTION FOUR: STEP QUARTER, CROSS SHUFFLE, SIDE ROCK RECOVER, BEHIND SIDE CROSS

- 1,2 3&4 Step forward on right, make a quarter turn left transferring weight to left foot. Cross shuffle: right over left, together with the left, right over left. (9)
- 5,6, 7&8 Rock out to the left side, recover weight on right foot, Cross left behind right, step right to right side, cross left over right!

End of dance!

Very easy to hear Restarts on Walls 3 & 7 – both will start facing the back wall, just dance the first section of the dance, which will take you to the 9 o'clock wall, and Restart! Simple!

Enjoy this fabulous song and please do singalong!

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