I Heard It Thru the Grapevine



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音乐: I Heard It Through the Grapevine - Marvin Gaye



Right lead

WALK FORWARD 4, KICK-BALL-CHANGE X 2

1-4 Walk forward, right, left, right, left

5&6 Kick right foot forward, step on ball of right next to left while raising left foot, step left next to

right

7&8 Kick right foot forward, step on ball of right next to left while raising left foot, step left next to

right

STEP TOUCH BACK X 2, STEP TOUCH X 2

1-4 Step right back, touch left next to right, step left back, touch right next to left

5-6 Step right to right side, touch left next to right7-8 Step left to left side, touch right next to left

LINDY RIGHT, STEP TOUCH X 2

1&2,3-4 Triple step to right, rock back on left behind right, recover forward on right

5-6 Step left to left side, touch right next to left7-8 Step right to right side, touch left next to right

LINDY LEFT, PADDLE WITH 1/8 LEFT TURN X 2

1&2,3-4 Triple step to left, rock back on right behind left, recover forward on left

5-6 Step right forward and pivot 1/8 turn left7-8 Step right forward and pivot 1/8 turn left

Restart