

# Get Nervous

**COPPER KNOB**  
STEPSHEETS

拍数: 32                      墙数: 4                      级数: Improver  
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音乐: Nervous - Shawn Mendes



**\*\* Start on lyric after 8 counts \*\***

## **I. STEP FWD, STEP SIDE, STEP ROCK FWD, LOCK SHUFFLE FWD, PIVOT 1/2 TURN LEFT**

1-2                      Step R fwd, Step L fwd  
3&4                      Step R Side, Recover on L, Step R fwd  
5&6                      Step L fwd , Step lock R Behind L, Step L fwd  
7-8                      Step R fwd, Turn 1/2 left step L fwd

## **II. STEP R SIDE ,BEHIND SIDE CROSS, STEP L SIDE, BEHIND SIDE CROSS**

1-2                      Step R side Swivel In - Out  
3&4                      Cross R behind L, Step L side, Cross R over L  
5-6                      Step L side Swivel In - Out  
7&8                      Cross L behind R, Step R side, Cross L over R

## **III. DIAGONAL TOUCH FWD ( R-L ), BOOGIE WALKS BACK (4X)**

1-2                      Step R to right diagonal fwd, Touch L beside R  
3-4                      Step L to left diagonal fwd, Touch R beside L  
5-6                      Step L back at the same time turn R heel towards centre, step R back at the same time turn L heel towards centre (weight tends to stay on balls of the feet)  
7-8                      Repeat Count 5-6

## **IV. STEP BACK WITH SMALL JUMP ,BALL STEP FWD, SAILOR 1/4 TURN LEFT**

&1-2                      Step R back diagonal, Step L side, Hold  
&3-4                      Step R back, Step L beside R, Step R fwd  
5-6                      Step L fwd, Recover on R ( Count 5-6 do step with body wave )  
7&8                      Cross L behind R , Step R 1/4 turn left step to L, Step L fwd

**Noted : No Tag, No Restart**

**Ending : Sailor 3/4 turn left to pose**

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