Juanita

拍数: 64

级数: Improver

编舞者: Hilda Foo (NZ) - June 2018

音乐: Juanita 1974 by Nick McKenzie

Start on voca	als
Section A: W	/eave. Cross Rock, Step to Side.
1-4	Cross RF over left, step LF to left, Step RF behind LF, Step LF to left
5-8	Cross RF over left, recover on L, step RF to side. Hold
Section B: C	ross LF over Right, Sweep, Step Behind Side Forward (* coaster steps)
1-4	Cross LF over RF, step RF to side, Step LF behind RF, Sweep RF clockwise
5-8	Step RF behind LF, step LF to left side, step RF forward. Hold
(* optional –	right coaster steps. Hold)
Section C: R	humba box forward
1-4	Step LF to left, step RF besides LF, Step LF Forward. Hold
5-8	Step RF to right, step LF besides RF, Step RF forward. Hold
Section D: S	tep Forward, 1/4 turn right, Cross. Right Vine.
1-4	Step LF forward, ¼ turn right, step right, cross LF over RF. Hold
5-8	Step RF to side, LF behind R, Step RF to right. Hold
Section E: C	ross Rock
1-4	Cross LF over RF, recover on right. Step LF to left. Hold
5-8	Mirror with RF. Hold
Section F: 1/2	pivot turn right, Step Forward. Full Turn over Left. Step Forward.
1-4	Step LF forward, 1/2 turn right step RF forward, step LF forward. Hold
5-8	Step RF back, ½ turn left Step LF forward, ½ turn left Step RF forward. Hold
(optional : In	stead of full turn, Walk forward, R L R. Hold)
Section G: N	lambo forward/Back.
1-4	Rock LF forward, recover on R, step LF back. Hold
5-8	Rock RF back, recover on L, step RF forward. Hold
Section H: S	ide Mambo. Rock Forward, Side
1-4	Rock LF to left, recover on right, step LF besides R. Hold
5-8	Rock RF to right, recover on L, Rock RF back, recover on L
Tag- 4 count	End of 2nd wall facing (6 O'clock), Sway R,L,R,L
End: Last 4 d	counts, step RF to side with ¼ turn to right, step RF forward. Hold





墙数:4