

Foret Opp På Brann!

COPPERKNOB
STEPSHEETS

拍数: 38 墙数: 1 级数: Easy Improver
编舞者: Karianne Heimvik (NOR) - June 2018
音乐: Foret Opp På Brann - De Musikalske Dvergene : (supportersong)



(1-8) rock fwd, shuffle back, rock back, shuffle fwd

1,2 ; rock fwd on R, recover weight on L
3&4 ; step back on R, close L next to R, step back on R
5,6 ; rock back on L, recover weight on R
7&8 ; step fwd on L, close R next to L, step fwd on L

(9-16) step ¼ turn x 4

1,2 ; step fwd on R, ¼ turn to left
3,4 ; step fwd on R, ¼ turn to left
5,6 ; step fwd on R, ¼ turn to left
7,8 ; step fwd on R, ¼ turn to left

(17-24) jazzbox ¼ turn x 2

1,2,3,4 ; cross R over left, step L to left with ¼ turn to right, step R next to L, step fwd with L
5,6,7,8 ; cross R over left, step L to left with ¼ turn to right, step R next to L, step fwd with L

(25-32) jazzbox ¼ turn x 2

1,2,3,4 ; cross R over left, step L to left with ¼ turn to right, step R next to L, step fwd with L
5,6,7,8 ; cross R over left, step L to left with ¼ turn to right, step R next to L, step fwd with L

(33 – 38) rocking chair, jump, clap

1,2,3,4 ; rock fwd on R, recover weight to L, rock back on R, recover weight to L
5,6 ; jump fwd both feet, hold and clap your hands.

Tag 1; after wall 2 and 4

Step, point x 3

1,2 ; step fwd on L, point R to right
3,4 ; step fwd on R, point L to left
5,6 ; step fwd on L, point R to right

Start dance again

Tag 2; after wall 6

Step, point x 3, rockingchair, pivot ½ turn, pivot ½ turn

1,2 ; step fwd on L, point R to right
3,4 ; step fwd on R, point L to left
5,6 ; step fwd on L, point R to right
7,8 ; rock fwd on R, recover weight to L
1,2 ; rock back on R, recover weight to L
3,4 ; step fwd on R, ½ turn to left stepping fwd on L
5,6 ; step fwd on R, ½ turn left stepping fwd on L

Start dance again

Tag 3; after wall 7

1,2 ; hold, hold (if you want put your arms up, and cheer for Brann)

Start dance again

Contact: kheimvik@hotmail.com

