

Rolling Home

COPPER KNOB
BY STEPHEN

拍数: 32 墙数: 4 级数: Absolute Beginner
编舞者: Tina Argyle (UK) - June 2018
音乐: Rollin' Home - Nathan Carter : (iTunes)



Count In : 16 counts from start of main beat

Right Vine, Touch. Step Kick, Step Touch

- 1 -2 Step right to right side, cross left behind right
- 3 -4 Step right to right side, touch left at side of right
- 5 -6 Step left to left side, low kick right across left (touch could be done here first till confident)
- 7- 8 Step right to right side, touch left at side of right

Left Vine ¼ Turn Step Together. Heel Twist RCRC

- 1 -2 Step left to left side, cross right behind left
- 3 -4 Make ¼ turn left stepping fwd left. Step right at side of left, (weight even on both feet)
- 5 -6 Twist both heels to the right, then centre
- 7- 8 Twist both heels to the right, then centre – weight now favours the left

*** Re Start here during Wall 7 facing 3 o'clock ***

Step Forward, Touch. Step Back, Touch. Slow Right Shuffle Back.

- 1 -2 Step forward right, slightly diagonally, touch left at side of right
- 3 -4 Step back left, slightly diagonally, touch right at side of left
- 5 -6 Step back right, slightly diagonally, close left at side of right
- 7- 8 Step back right, slightly diagonally, touch left at side of right

Side Touch, Side Touch. Slow Left Shuffle Forward Touch.

- 1 -2 Step left to left side, touch right at side of left
- 3 -4 Step right to right side, touch left at side of right
- 5 -6 Step forward left, close right at side of left
- 7- 8 Step forward left, touch right at side of left.

Even though this dance is AB, it's not one I'd suggest you teach on week one lol! (Or even the next few weeks).

It does have a re-start but there is no step or weight changes and I feel is ideal for introducing this to AB dancers. Have Fun!!!! Tina xx

Contact: vineline@hotmail.co.uk - tinaargyle.com