

# La Nina

**COPPER** KNOB  
STEPSHEETS

拍数: 64      墙数: 2      级数: Phrased Improver  
编舞者: Vivian Wongso (INA) - June 2018  
音乐: LA NINA by Angela Diliberto, Edition Caramba



**SEQUENCE : AA B AA BB AA BBB**

**Intro : 16 Counts - NO TAG NO RESTART**

## **PART A: 32 counts**

### **Sec A1 : R SIDE, CLOSE, R CHASSE, L HIP BUMP, R HIP BUMP.**

1 - 2      Step RF to R side, Close LF to RF  
3 & 4      Step RF to R side, Close LF to RF, Step RF to R  
5 - 6      Bump L hip forward, Step back on L  
7 - 8      Bump R hip forward, Step back on R

### **Sec A2 : L SIDE, CLOSE, L CHASSE, R HIP BUMP, L HIP BUMP.**

1 - 2      Step LF to L side, Close RF to LF  
3 & 4      Step LF to L side, Close RF to LF, Step LF to L  
5 - 6      Bump R hip forward, Step back on R  
7 - 8      Bump L hip forward, Step back on L

### **Sec A3 : R BACK ROCK, RECOVER, FORWARD SHUFFLE, L ROCK FORWARD, RECOVER, L COASTER STEP.**

1 - 2      Rock RF back, Recover on LF  
3 & 4      Step RF forward, Lock LF behind RF, Step RF forward  
5 - 6      Rock LF forward, Recover on RF  
7 & 8      Step LF back, Close RF to LF, Step LF Forward

### **Sec A4 : R FORWARD, 1/2 TURN L, R FORWARD SHUFFLE, L SIDE ROCK, RECOVER, CHA CHA IN PLACE (L, R, L).**

1 - 2      Step RF forward, 1/2 turn L step LF Forward (Facing 6 : 00)  
3 & 4      Step RF forward, Lock LF behind RF, Step RF forward  
5 - 6      Step LF to L side, Recover on RF  
7 & 8      Step LF close to RF, Step RF in place, Step LF in place.

## **PART B: 32 counts**

### **SEC B1 : R CHASSE, 1/2 TURN R, L CHASSE, R BACK ROCK, RECOVER, R CHASSE.**

1 & 2      Step RF to R side, Close LF to RF, step RF to R side  
3 & 4      1/2 turn R step LF to L side, Close RF To LF, Step LF to L side (facing 6:00)  
5 - 6      Rock Back RF diagonal (facing 7:30), Recover on LF  
7 & 8      Step RF to R side, Close LF to RF, Step RF to R side (facing 6:00)

### **SEC B2 : 1/2 TURN L CHASSE, R ROCKING CHAIR, R KICK BALL CHANGE.**

1 & 2      1/2 turn L back step LF to L side (Facing 12:00), Close RF to LF, Step LF To L side  
3 - 4      Rock RF forward, Recover on LF  
5 - 6      Rock RF back, Recover on LF  
7 & 8      Kick RF forward, Rock right back, Step LF in place

### **SEC B3 : R FORWARD SHUFFLE, L ROCK FORWARD, RECOVER, L BACK SHUFFLE, R BACK ROCK, RECOVER.**

1 & 2      Step RF forward, Lock LF behind RF, Step RF forward  
3 - 4      Step LF forward, Recover on RF  
5 & 6      Step LF back, lock RF over LF, step LF back

7 - 8                    Rock RF back, Recover on LF

**SEC B4 : R FORWARD SHUFFLE, L FORWARD TOUCH, 1/4 TURN R FLICK , CROSS SHUFFLE, 1/4 TURN L, 1/2 TURN L.**

1 & 2                    Step RF forward, Lock LF behind RF, Step RF forward

3 - 4                    Touch LF toe forward, 1/4 turn R Flicking LF (facing 3:00)

5 & 6                    Cross LF over RF, step RF to side, Cross LF over RF

7 - 8                    1/4 turn L step RF back, 1/2 turn L step LF forward (facing 06:00)

**Enjoy the dance !**

**For further information, please email to : [Vivianwongso21@gmail.com](mailto:Vivianwongso21@gmail.com)**

**Thank you.**

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