

Shuffle Amor Fati

COPPER KNOB
STEPSHEETS

拍数: 96 墙数: 2 级数: Phrased High Beginner
编舞者: Yong Nam Jeon (KOR) - January 2018
音乐: Amor Fati (아모르 파티) - Kim Yon Ja (김연자)



Intro : 16 counts from first beat

Sequence : A, Tag 1, B, B, A, Tag 2, A, Tag 3, A, Tag 3, A, Tag 3, Ending

Part A: 64 counts

Sec A1 : R, L Forward Shuffle × 2

1&2 Step R forward, step L next to R, step R forward
3&4 Step L forward, step R next to L, step L forward
5&6 Step R forward, step L next to R, step R forward
7&8 Step L forward, step R next to L, step L forward

Sec A2 : R Cross Rock Recover, Triple Step, L Cross Rock Recover, Triple Step

1-2 Cross rock R over L, recover L
(Arms movement : R, L arms spread outside with palms up)
3&4 Step R in place, step L next to R, stop R in place
5-6 Cross rock L over R, recover R
(Arms movement : R, L arms spread outside with palms up)
7&8 Step L in place, step R next to L, stop L in place

Sec A3 : R, L Back Shuffle × 2

1&2 Step R back, step L next to R, step R back
3&4 Step L back, step R next to L, step L back
5&6 Step R back, step L next to R, step R back
7&8 Step L back, step R next to L, step L back

Sec A4 : R Cross Rock Recover, Triple Step, L Cross Rock Recover, Triple Step

1-2 Cross rock R over L, recover L
(Arms movement : R, L arms spread outside with palms up)
3&4 Step R in place, step L next to R, stop R in place
5-6 Cross rock L over R, recover R
(Arms movement : R, L arms spread outside with palms up)
7&8 Step L in place, step R next to L, stop L in place

Sec A5 : R, L Lindy Step

1&2 Step R to right side, step L next to R, Step R to right side
3-4 Rock L back, recover R
5&6 Step L to left side, step R next to L, Step L to left side
7-8 Rock R back, recover L

Sec A6 : R Vine Step Touch, L Vine Step Touch

1-2 Step R to right side, step L behind R
3-4 Step R to right side, touch L next to R
5-6 Step L to left side, step R behind L
7-8 Step L to left side, touch R next to L

Sec A7 : R, L Lindy Step

1&2 Step R to right side, step L next to R, Step R to right side
3-4 Rock L back, recover R
5&6 Step L to left side, step R next to L, Step L to left side

7-8 Rock R back, recover L

Sec A8 : Rolling Vine Step To Right, Touch, Rolling Vine Step To Left, Touch

1-2 1/4 Turn R and step R forward, 1/2 turn R and step L back

3-4 1/4 Turn R and step R to right side, touch L next to R

5-6 1/4 Turn L and step L forward, 1/2 turn L and step R back

7-8 1/4 Turn L and step L to left side, touch R next to L

Part B: 32 counts

Sec B1 : Side Step Together × 6, Side Step Touch

1&2&3&4& Step R to right side, step L next to R × 4

5&6& Step R to right side, step L next to R × 2

7-8 Step R to right side, touch L next to R

Sec B2 : Side Step Together × 6, Side Step Touch

1&2&3&4& Step L to right side, step R next to L × 4

5&6& Step L to right side, step R next to L × 2

7-8 Step L to right side, touch R next to L

Sec B3 : Forward Step Hitch, Back Step Back Touch × 2

1-2 Step R forward, L hitch

3-4 Step L back, touch R back

5-6 Step R forward, L hitch

7-8 Step L back, touch R back

Sec B4 : Walking 1/2 Turn R

1-8 walking 1/2 turn R

Ending

Sec 1 : Part A sec 1 repeat

Sec 2 : Part A sec 3 repeat

Sec 3 : Part B sec 1 repeat

Sec 4 : Part B sec 2 repeat (last step is stomp R next to L)

Tag

Tag 1 : Stomp In Place, Out, Out, Hold

1-4 Stomp R in place, stomp L in place × 2(with knees pop)

5&6&7& Stomp R in place, stomp L in place × 3(with knees pop)

8& Step R to right side, step L to left side (with knees straight)

9-12 Hold

Tag 2 : 1-8 walking 1/2 turn R

Tag 3 : 1-4 walking 1/2 turn R

Enjoy dance!

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