

Not A Love Song

COPPER KNOB
STYLEDANCE

拍数: 32 墙数: 4 级数: Beginner
编舞者: Val Saari (CAN) - June 2018
音乐: Not a Love Song - bülow : (iTunes)



TOE/HEEL FORWARD X 4

- 1-4 Step RF forward on toes, Step down on heel/ Step LF toes forward in front of RF, Step down on heel
5-8 Step RF forward in front of LF on toes, Step down on heel/ Step LF toes forward in front of RF, Step down on heel

RF ROCK FWD, LF RECOVER, RF MAMBO BACK, LF ROCK FWD, RF RECOVER, LF MAMBO BACK

- 1-2 Rock RF forward, Recover LF
3&4 Rock RF back, Recover LF, Step RF beside left
5-6 Rock LF forward, Recover RF
7&8 Rock LF back, Recover RF, Step LF beside right

CROSS MAMBOS CHA CHA CHA X 2 (RIGHT,LEFT 1/4 PIVOT L)

- 1-2 RF Cross over L, LF Recover weight
3&4 Recover RF, Step LF in place, Step RF in place
5-6 LF Cross over R, RF Recover weight
7&8 Step LF left, Step RF beside L, Step LF 1/4 pivot L

STEP-PIVOT 1/4 LEFT TWICE, JAZZ BOX

- 1-2 Step RF forward, Pivot 1/4 turn left (weight on left)
3-4 Step RF forward, Pivot 1/4 turn left (weight on left)
5-6 Cross RF over Left, Step Left back
7-8 Step RF to side, Step LF together with Right

REPEAT - No Tags, No Restarts

Email: valeriesaari@icloud.com - Phone: 1-905-246-5027