

Psycho

COPPER KNOB
STEPSHEETS

拍数: 64 墙数: 2 级数: Easy Intermediate
编舞者: Stella Kim (KOR) - June 2018
音乐: Psycho - Faydee



Intro: Start the dance after 8 counts next to main vocals(Yeah)

Sequence: 64-32-Tag- 64-32-64-Tag-64-Tag-32

SEC 1: DIAGONAL FORWARD, SWIVEL(HEEL/TOE), SCUFF, DIAGONAL FORWARD, SWIVEL(HEEL/TOE), SCUFF

1-2 RF diagonal forward, swivel LF heel toward RF heel
3-4 Swivel LF toe toward RF heel, LF scuff
5-6 LF diagonal forward, swivel RF heel toward LF heel
7-8 Swivel RF toe toward LF heel, RF scuff

(Option: you will be able to move your body to the groove while doing the 8 counts)

SEC 2: SIDE ROCK, RECOVER, TOGETHER, SIDE ROCK, RECOVER, JAZZ BOX, CROSS, SIDE

1-2& RF side rock, LF recover, RF beside LF
3-4 LF side rock, RF recover
5-6& LF cross over RF, RF back, LF side
7-8 RF cross over LF, LF side

SEC 3: CROSS, SCUFF, BEHIND, HOLD, BALL, CROSS, 1/4 L BACK, SIDE, HOLD, BALL

1-2 RF cross over LF, LF scuff in L diagonal
3-4& LF back, hold, RF beside LF
5-6 LF cross over RF, 1/4 turn to L with RF back(9:00)
7-8& LF side, hold, RF beside LF

SEC 4: CROSS, SIDE, CROSS, SIDE, CROSS ROCK, RECOVER, 1/4 L FORWARD, SCUFF

1-2 LF cross over RF (At this movement, push your right shoulder slightly to forward), RF side
3-4 LF cross over RF (At this movement, push your right shoulder slightly to forward), RF side
5-8 LF cross rock, RF recover, 1/4 turn to L with LF forward(6:00), RF scuff

***Restart here**

SEC 5: SIDE, HOLD, 1/2 R , SIDE, HOLD, 1/2 L, SIDE ROCK, RECOVER, BEHIND, SIDE, CROSS

1-2& RF side, hold, 1/2 turn to R(12:00)
3-4& LF side, hold, 1/2 turn to L(6:00)
5-6 RF side rock, LF recover
7&8 RF cross behind LF, LF side, RF cross over LF

SEC 6: 1/4 L FORWARD, DRAG, FORWARD, DRAG, FORWARD ROCK, RECOVER, BEHIND UNWIND 3/4 L,

1-2 1/4 turn to L with LF forward(3:00), drag RF to LF
3-4 RF forward, drag LF to RF
5-6 LF forward rock, RF recover
7-8 LF back toe touch, unwind 3/4 turn to L(6:00)

SEC 7: SIDE, DRAG, 1/4 R SWAY, SWAY, SIDE, DRAG, 1/4 L SWAY. SWAY

1-2 RF side, drag LF to RF
3-4 1/4 turn to R with L sway(9:00), R sway(weight RF)
5-6 LF side, drag RF to LF
7-8 1/4 turn to L with R sway(6:00), L sway(weight LF)

SEC 8: FORWARD ROCK, RECOVER, TOGETHER, FORWARD ROCK, RECOVER, BACK SHUFFLE, BACK ROCK, RECOVER

1-2& RF forward rock, LF recover, RF beside LF
3-4 LF forward rock, RF recover
5&6 LF back, RF beside LF, LF back
7-8 RF back rock, LF recover(6:00)

***TAG: After the wall 5 facing(6:00) and wall 6 facing(12:00), you will dance more 4 counts**

TAG STEP is hip bumping

1&2 bump hips R, return to center, bump hips R(weight RF)
3&4 bump hips L, return to center, bump hips L(weight LF)

****TAG & RESTART: On the wall 2, you will dance to 32 counts and dance more 4 counts and then start again(12:00)**

*****RESTART: On the wall 4, you will dance to 32 counts and start again(12:00)**

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