

Rock The Beat

COPPERKNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Nathan Gardiner (SCO) - June 2018
音乐: 21st Century Girl - Willow



Intro: 16 counts

Walk Forward R & L, R Lock Step, Rock Forward, Recover, Full Turn L

1-2 Step forward on R, Step forward on L
3&4 Step forward on R, Lock L behind R, Step forward on R
5-6 Rock forward on L, Recover on R
7-8 ½ L stepping forward on L, ½ L stepping back on R

Sailor Step L & R, Behind, ¼ R, Step Pivot ¾ R

1&2 Step L behind R, Step R to R side, Step L to L side
3&4 Step R behind R, Step L to L side, Step R to R side
5-6 Step L behind R, ¼ R stepping forward on R
7-8 Step forward on L, Pivot ¾ R

Side L, Together, Forward, R Lock Step, Rock Forward, Recover, Coaster Cross

1-2-3 Step L to L side, Step R next to L, Step forward on L
4&5 Step forward on R, Lock L behind R, Step forward on R
6-7 Rock forward on L, Recover on R
8&1 Step back on L, Step R next to L, Cross L over R

Monterey ½ R, Monterey ¼ L, Step Pivot ½ L, Point

2-3 Point R to R side, ½ R stepping R next to L
4-5 Point L to L side, ¼ L stepping L next to R
6-7 Step forward on R, Pivot ½ L
8 Point R to R side

Tag: End of wall 1

Cross, Point, Cross, Point, Jazz Box Cross

1-2 Cross R over L, Point L to L side
3-4 Cross L over R, Point R to R side
5-6 Cross R over L, Step back on L
7-8 Step R to R side, Cross L over R

Point, Cross, Point, Cross, Sway R, L, R, L

1-2 Point R to R side, Cross R over L
3-4 Point L to L side, Cross L over R
5-6 Step R to R side swaying hips to R side, Sway hips to L side
7-8 Sway hips to R side, Sway hips to L side

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