

Maku-Dona-Rudo (aka Tokyo Bon)

COPPER KNOB
BY STEPHEN BRETZ

拍数: 64 墙数: 2 级数: Intermediate
编舞者: Cato Larsen (NOR) - March 2018
音乐: Makudonarudo (東京盆踊) (feat. Meu Ninomiya [二宮芽生]) - Namewee (黄明志) :
(Youtube Video Only)



Dance #: 131

Intro: Start the dance at vocals after 32 counts of intro. (14 Seconds).

[1 – 8] Dip down, Side & Touch, Dip down, Side & Touch, ¼ turn, ½ Pivot turn, Back, Hold.

- 1 Dip down by bending both knees (1).
- 2 Rise up on right foot as you Tap left toe diagonally forward left (2). 12:00
- 3 Dip down by bending both knees (3).
- 4 Rise up on left as you Tap right toe diagonally forward right (4).
- 5 Turn ¼ turn right Stepping forward on right (5). 3:00
- 6 Turn (pivot) ½ turn right Stepping back on left (6). 9:00
- 7,8 Step back on right (7), Hold (8).

[9 – 16] Back, Hitch & Swing, Back, Hitch & Swing, Back Mambo Step.

- 1,2 Step back on left (1), Hitch right knee slightly up and Swing right foot clockwise back (2).
- 3,4 Step back on right (3), Hitch left knee slightly up and Swing left foot counter clockwise
- 5,6 back (4).
- 7,8 Step back on left (5), Rock (recover) weight forward again onto right (6), Step forward on left
- (7), Hold (8).

[17 – 24] Rock forward & back (Rocking Chair), Side Rock & Cross, Hold.

- 1,2 Step forward on right (1), Rock (recover) back again onto left (2).
- 3,4 Step back on right (3), Rock (recover) forward again onto left (4).
- 5,6 Step right to right side (5), Rock (recover) back again onto left (6).
- 7,8 Cross right over left (7), Hold (8).

[25 – 32] ¼ Monterey left, ½ Monterey turn right, Side Rock & Cross, Hold.

- 1,2 Point left toe to left side (1), Turn (spin) ¼ turn left Stepping left next to right (2). 6:00
- 3,4 Point right toe to right side (3), Turn (spin) ½ turn right Stepping right next to left (4). 12:00
- 5,6 Step left to left side (5), Rock (recover) back again onto right (6).
- 7,8 Cross left over right (7), Hold (8).

Restart: Restart from here on wall 5. You will face 6:00.

[33 – 40] Side, Hold, Point, Hold, Side, Hold, Point, Hold.

- 1,2,3,4 Step right to right side (1), Hold (2), Point left toe across in front of right (3), Hold (4).
- 5,6,7,8 Step left to left side (5), Hold (6), Point right toe across in front of left (7), Hold (8).

Japanese Bon Odori Dance arms:

<https://www.youtube.com/watch?v=pZxL9Q4KiS0>

Do the same arms as in this video from 14 Seconds in and to 17 Seconds.

[41 – 48] ¼ turn, Touch, ¼ Pivot turn, Touch, Chasse, Hold.

- 1,2 Pivot ¼ turn right Stepping forward on right (1), Tap left toe next to right (2). 3:00
- 3,4 Pivot ¼ turn right Stepping left toe to the left side (3), Tap right toe next to left (4). 6:00
- 5,6,7,8 Step right to right side (5), Step left next to the right (6), Step right to right side (7), Hold (8)

[49 – 56] Side, Hold, Point, Hold, Side, Hold, Point, Hold.

- 1,2,3,4 Step left to left side (1), Hold (2), Point right toe across in front of left (3), Hold (4).
- 5,6,7,8 Step right to right side (5), Hold (6), Point left toe across in front of right (7), Hold (8).

Japanese Bon Odori Dance arms:

Do the same arms as in this video from 14 Seconds in and to 17 Seconds.

[57 – 64] ¼ turn, Scuff, ½ Pivot turn, Coaster Step.

1,2 Pivot ¼ turn left Stepping forward on left (1), Scuff right foot forward (2). 3:00

3,4 Pivot ½ turn left Stepping back on right (3), Hold (4). 9:00

5,6 Step back on left (5), Step right next to right (6).

7,8 Step forward on left (7), Hold (8).

Note: Add ¼ turn left to start the dance again!

Tag 1: To be danced after 1st wall: You will be facing 9 o'clock wall.

[1 – 4] Rock forward & back (Rocking Chair)

1,2 Step forward on right (1), Rock (recover) back again onto left (2).

3,4 Step back on right (3), Rock (recover) forward again onto left (4).

Add ¼ turn left to start the dance again on count 1. You will now be on the 6 o'clock wall

Tag 2: To be danced after 3rd wall: You will be facing 9 o'clock wall ending up at 3:00.

[1 – 8] Slow Step ½ turn, Rock forward & back (Rocking Chair).

1,2 Step forward on right (1), Hold (2).

3,4 Pivot ½ turn left (3), Hold (4).

5,6 Step forward on right (5), Rock (recover) back again onto left (6).

7,8 Step back on right (7), Rock (recover) forward again onto left (8).

Add ¼ turn left to start the dance again on count 1. You will now be on the front wall

This dance is dedicated to my American/Japanese friend Martha Ogasawara.

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