

Beach Please

拍数: 128 墙数: 2 级数: Phrased Intermediate
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音乐: Beach Please - Kevin Fowler



Start with lyrics - Sequence: A; B; A; B; B (16 count); B; B

PART A: 64 counts

(SA1) Grapevine Right, Scuff, Rock Recover, Stomp Turn, Hold

1-2 Step Right To Right Side, Cross Left Behind Right
3-4 Step Right To Right Side, Scuff Left Beside Right
5-6 Rock Left Forward, Return Onto Right
7-8 Turn 1/2 Left & Stomp Left Forward, Hold

(SA2) Grapevine Right, Scuff, Rock Recover, Stomp Turn, Hold

1-2 Step Right To Right Side, Cross Left Behind Right
3-4 Step Right To Right Side, Scuff Left Beside Right
5-6 Rock Left Forward, Return Onto Right
7-8 Turn 1/2 Left & Stomp Left Forward, Hold

(SA3) Rock Recover Right; Rock Recover Turn 1/2 Right; Coaster Step; Hold

1-2 Rock Right Forward, Return Onto Left
3-4 Turn 1/2 Right & Rock Right Forward, Return Onto Left
5-6 Step Right Back, Step Left Beside Right
7-8 Stomp Right Forward, Hold

(SA4) Rock Recover Left; Rock Recover Turn 1/2 Left; Coaster Step; Hold

1-2 Rock Left Forward, Return Onto Right
3-4 Turn 1/2 Left & Rock Left Forward, Return Onto Right
5-6 Step Left Back, Step Right Beside Left
7-8 Stomp Left Forward, Hold

(SA5) Out; Hook; Rock Right; Hook Back; Rock Recover Turn 1/2 Right; Stomp; Hold (all in jump)

1-2 Step Right & Left to Side, Hook Right Forward
3-4 Rock Right to Right Side, Return Onto Left & Hook Right Back
5-6 Rock Right to Right Side, Return Onto Left & Turn 1/2 Right
7-8 Stomp Right Forward, Hold

(SA6) Out; Hook; Rock Right; Hook Back; Rock Recover Turn 1/2 Right; Stomp; Hold (all in jump)

1-2 Step Right & Left to Side, Hook Left Forward
3-4 Rock Left to Left Side, Return Onto Right & Hook Left Back
5-6 Rock Left to Left Side, Return Onto Right & Turn 1/2 Left
7-8 Stomp Left Forward, Hold

(SA7) Hook Turn 1/4 Right (twice); Stomp Right; Stomp Left; Rock Recover; Stomp; Hold (all in jump)

1-2 Hook Right & Turn 1/4 Right, Hook Right & Turn 1/4 Right
3-4 Stomp Right, Stomp Left Beside Right
5-6 Rock Right Back & Kick Left Forward, Return Onto Left
7-8 Stomp Right Beside Left, Hold

**(SA8) Hook Turn 1/4 Left (twice); Stomp Left; Stomp Right; Rock Recover; Stomp; Hold
(all in jump)**

1-2 Hook Left & Turn 1/4 Left, Hook Left & Turn 1/4 Left
3-4 Stomp Left, Stomp Right Beside Left
5-6 Rock Left Back & Kick Right Forward, Return Onto Right
7-8 Stomp Left Beside Right, Hold

PART B: 64 counts

(SB1) Cross Recover Right; Cross Recover Left; Rock Recover; Coaster Step Right

1&2 in Jump Cross Right Behind Left & Return Onto Left, Stomp Right To Right Side
3&4 in Jump Cross Left Behind Right & Return Onto Right, Stomp Left To Left Side
5-6 Rock Right Forward, Return Onto Left
7&8 Step Right Back & Step Left Beside Right, Stomp Right Forward

(SB2) Pivot 1/4 Right; Shuffle Cross Left; Rock Recover Side; Wave

1-2 Step Left Forward, Turn 1/4 Right
3&4 Cross Left Over Right & Step Right To Right Side, Cross Left Over Right Taking Weight on It
5-6 Rock Right To Right Side, Return Onto Left
7&8 Cross Right Behind Left & Step Left To Left Side, Cross Right Over Left Taking Weight on It

*** Before Restart change step 5-6 & 7&8 in (S2):**

5-6 Step Right To Right Side; Stomp Up Left Beside Right
7&8 Shuffle Turn 1/4 Left and Restart

(SB3) Rock Recover Side; Sailor Turn 1/4 Left; Pivot 1/2 Left; Full Turn Left

1-2 Rock Left To Left Side, Return Onto Right
3&4 Turn 1/4 Left Cross Left Behind Right & Step Right Beside Left, Step Left Diagonally Forward
5-6 Step Right Forward, Turn 1/2 Left
7-8 Turn 1/2 Left & Step Right Back, Turn 1/2 Left & Step Left Forward

(SB4) Vaudeville Left; Vaudeville Right; Rock Recover Right; Rock Recover Back; Stomp

1&2& Cross Right Over Left & Step Left Diagonally Back, Touch Right Heel Diagonally Forward & Step Right On Place
3&4& Cross Left Over Right & Step Right Diagonally Back, Touch Left Heel Diagonally Forward & Step Left On Place
5-6 Rock Right Forward; Return Onto Left
7&8 in Jump Rock Right Back & Return Onto Left; Stomp Right Beside Left

(SB5) Pivot 1/4 Right; Shuffle Cross Left; Rock Recover Side; Wave

1-2 Step Left Forward, Turn 1/4 Right
3&4 Cross Left Over Right & Step Right To Right Side, Cross Left Over Right Taking Weight on It
5-6 Rock Right To Right Side, Return Onto Left
7&8 Cross Right Behind Left & Step Left To Left Side, Cross Right Over Left Taking Weight on It

(SB6) Rock Recover Side; Sailor Turn 1/4 Left; Step Right; Scuff; Step Left; Scuff

1-2 Rock Left To Left Side, Return Onto Right
3&4 Turn 1/4 Left Cross Left Behind Right & Step Right Beside Left, Step Left Diagonally Forward
5-6 Step Right Forward, Scuff Left Beside Right
7-8 Step Left Forward; Scuff Right Beside Left

**(SB7) Jumping Jazz Box Right; Rock Back Right; Stomp; Hold
(all in Jump)**

1-2 Cross Right Over Left, Step Left Back & Kick Right Forward
3-4 Kick Left Forward, Cross Left Over Right
5-6 Rock Back On Right, Return Onto Left
7-8 Stomp Right Beside Left; Hold

**(SB8) Cross Recover Left (twice); Rock Recover Back; Stomp; Hold
(all in Jump)**

1-2 Cross Left Over Right, Return Onto Right
3-4 Cross Left Over Right, Return Onto Right
5-6 Rock Left Back & Kick Right Forward, Return Onto Right
7-8 Stomp Left Beside Right; Hold

RESTART: 5th wall, at the end of (S2 - VAR) in Part B

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