

Heels on Fire

拍数: 32 墙数: 2 级数: High Beginner
编舞者: Gianmarco Rossato (IT) - June 2018
音乐: Caught Up In The Country (feat. Fisk Jubilee Singers) - Rodney Atkins



#1st SEQ | KICK BALL STEP, SCUFF, OUT, OUT, SAILOR STEP, CROSS, STEP

1&2 Kick R forward – Recover R – Step L forward
3&4 Scuff R forward – Open R to R – Open L to L
5&6 Cross R behind L – Open L to L – Open R to R
7-8 Cross L behind R – Turn ¼ R & Step R forward

#2nd SEQ | SHUFFLE, HEEL (X2), STEP-SLIDE, HEEL, STOMP

1&2 Turning ¼ R : Shuffle LRL to L side
3&4 Heel R forward – Recover – Heel L forward
&5-6 Recover – Long step R to R – Slide L beside R
7&8 Heel L forward – Recover – Stomp R forward

#3rd SEQ | SHUFFLE TURN ½ (X2), STEP, POINT, HEEL, STOMP-UP

1&2 Turning ½ R : Shuffle LRL
3&4 Turning ½ R : Shuffle RLR
5-6 Step L forward – Touch R point behind L
&7&8 Recover on R – Heel L forward – Recover on L – Stomp-up R beside L

#4th SEQ | SHUFFLE BACK (X2), STEP, CLAP, STEP-PIVOT, STOMP

1&2 Shuffle RLR back
3&4 Shuffle LRL back
5-6 Turn ½ R w/Step R forward – HOLD (CLAP)
7&8 Step L forward – Turn ½ R – Stomp L forward

RESTART – At the 4th Wall – After the first 24 counts

Contact: gianmarcorossato@icloud.com

Last Update: 28 Apr 2024