

Not Above Love

COPPERKNOB
STEPSHEETS

拍数: 48 墙数: 4 级数: Phrased Intermediate
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音乐: Not Above Love - AlunaGeorge



Pattern: 16 Count Intro A BB AA* AA BB AAA

PATTERN A

A[1 – 8] STEP, CROSS, HEEL JACK, WEAWE, SIDE, OUT, OUT

1,2&3 1) Step R to right; 2) Cross L over R; &) Step R to right; 3) Dig L heel to left
&4& &) Step on ball of L; 4) Cross R over L; &) Step on ball of L
5,6,7,8 5) Cross R behind L; 6) Step L to left; 7) Keep weight in heels pushing body R as you step R fanning L toe out; 8) Repeat count 7 to the left side

A[9 – 16] CROSS ROCK, RECOVER, CLOSE, CROSS ROCK, RECOVER, CLOSE, STEP, 1/2 LEFT PIVOT, 1/2 LEFT TRIPLE, CLOSE

1,2&3 1) Cross rock R over L; 2) Recover L; &) Close R to L; 3) Cross rock L over R
4&5 4) Recover R; &) Close L to R; 5) Step R forward
6,7& 6) 1/2 left pivot step L [6:00]; 7) 1/4 left step R to right [3:00]; &) Cross L over R
8& 8) 1/4 left step R back [12:00]; &) Close L to R

*RESTART AFTER COUNT 16 ON WALL 5

A[17 – 24] BIG STEP, CLOSE, SIDE, JAZZ BOX, STEP, RIGHT SCISSOR STEP

1,2,3 1) Big step R forward leaning your body back; 2) Close L to R; 3) Step R to right
&4&5 &) Cross L over R; 4) Step R back; &) Step L to left; 5) Step R forward
6,7&8 6) Step L forward; 7) Step R to right; &) Close L to R; 8) Cross R over L

A[25 – 32] 1/4 RIGHT BACK, DRAG, BALL, 1/4 LEFT CROSS, SPIRAL, STEP, LEFT SWEEP, CROSS, ROCK, RECOVER, SCUFF

1,2& 1) 1/4 right step L back [3:00]; 2) Drag heel of R; &) Step on ball of R
3,4 3) 1/4 left cross ball of L over R [12:00]; 4) Full right turn unwinding with weight on L
5,6 5) 1/4 right step R, sweep L back to front [3:00]; 6) Cross ball of L over R
7&8 7) Rock R to right; &) Recover L; 8) Scuff R heel forward to start again

PATTERN B: FOR LEARNING PURPOSES, BE SURE TO RESET THE DIRECTION YOU ARE FACING TO 12:00

B[1 – 8] SLOW NIGHTCLUB BASIC, 1/4 BACK, 3/8 RIGHT, WALK, WALK

1-2,3,4 1) Big step R to right; 2) Hold; 3) Close L behind R; 4) Cross R over L;
5,6,7,8 5) 1/4 right step L back [3:00] 6) Continue rotating 3/8 right on ball of L with R leg pointed straight in front of you [7:30]; 7) Walk R; 8) Walk L

B[9 – 16] WALK, LOWER, BACK, BACK, 1/8 SLOW NIGHTCLUB BASIC

1,2,3,4 1) Walk R; 2) Lower into R leg, sliding L back; 3) Step L back; 4) Step R back
5,6 5) 1/8 left big step L to left [6:00]; 6) Hold
7,8 7) Close R behind L; 8) Cross L over R

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